

Troy University
School of Nursing

Faculty BIO

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Education

DNP Troy University, 2017
MSN Troy University, 2003
BSN Troy University, 2000

**Publications or
Presentations**

- Jefferson, L., Paymon, L. (2022, July). *Nurses, Frontline Work and Stress: Breathing as a self-care practice*. [Podium Presentation]. 33rd Sigma Theta Tau Research Congress, Edinburgh, Scotland.
- Renales, F., Jefferson, L., Paymon, L. (2022, October). *We are the ones we have been waiting for: Nursing as the framework to resolve the healthcare crisis*. [Podium Presentation]. 24th ILA Global Conference: Wisdom in Time of Crisis, virtual conference.
- Paymon, L. Seibenhener, S., & Burns, D. (2021, August). *To Vape or Not To Vape*. [Podium Presentation]. 14th National DNP Conference, Chicago, Illinois.
- Paymon, L., & Stein, B. (2021, August). *Evaluating Methods of Tobacco Cessation*. [Podium Presentation]. 14th National DNP Conference, Chicago, Illinois.
- Paymon, L., Seibenhener, S., & Burns, D. (2020, March). *To Vape or Not To Vape* [Poster presentation]. The National Conference for Nurse Practitioners, Nashville, Tennessee.
- Paymon, L. (February, 2019). *Caregivers' perception of Asthma control in Children* [Poster presentation]. Central Alabama Nurse Practitioner Association, Birmingham, Alabama.

**Honors, Awards,
Boards,
Certifications, and
Professional
Organizations**

Research Interest

Clinical Focus

- Paymon, L. S., Riley, P., & Miller, B. (2018). Caregivers' perception of asthma control in children. *Pediatric Nursing*, 44(1).
- Paymon, L. (2017, September). *Caregivers' perception of asthma control in children*. [Podium Presentation]. 2017 10th National Doctor of Nursing Practice Annual Conference, New Orleans, Louisiana.

American Academy of Nurse Practitioners
Advanced Practitioners of the River Region
Sigma Theta Tau International
Nurse Practitioner Alliance of Alabama

Asthma, ADHD, and Childhood Obesity

Pediatrics