



**Troy University  
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**Education**

PhD, The University of Southern Mississippi, 2019  
MSN, Troy University, 2009  
BSN, Troy State University, 2004  
BS, Auburn University, 1993

**Publications**

Cavey, W., Lewis, S., **Carter, H.** (2023). Health care professionals' self-efficacy in identifying and treating human trafficking victims. *Nursing Education Today*.  
<https://doi.org/10.1016/j.nedt.2023.105900>

Walker, S., Johnson, T. W., **Carter, H.**, Spurlock, A. L., Johnson, K. S., Hussey, J. B. (2023). Blenderized food tube feeding in very young pediatric patients with special healthcare needs. *Nutrition in Clinical Practice*.  
<https://doi.10.1002/ncp.10975>

Milton, D., Murphy, B., Johnson, T. W., **Carter, H.**, Spurlock, A. Y., Hussey, J. B., Johnson, K. S. (2022). Low risk for microbial contamination of syringe and tube feeding bag surfaces after multiple reuses with home blenderized tube feeding. *Nutrition in Clinical Practice*.  
<https://aspenjournals.onlinelibrary.wiley.com/doi/abs/10.1002/ncp.10835>

**Carter, H.**, Outlaw, K. L., Cleveland, K. K., Rushing, D. S.,

Chen, N. (2022). Reflections on a service-learning project: Nutrition education for elementary students. *Journal of Christian Nursing*, 39(1), 42-46. doi.10.1097/CNJ.0000000000000751

Spurlock, A. Y., Johnson, T. W., Pritch, A., Pierce, L., Hussey, J. B., Johnson, K. S., **Carter, H.**, Davidson, S. L., Mundi, M. S., Epp, L., Hurt, R. T. (2021). Blenderized food tube feeding in patients with head and neck cancer. *Nutrition in Clinical Practice*. <https://pubmed.ncbi.nlm.nih.gov/34462968/>

Johnson, W., **Carter, H.**, Johnson, T. W., Maday, K. (2020). Real food for tube feeding makes a comeback. *American Journal of Biomedical Science & Research*, 10(6), 551-554. doi: 10.34297/AJBSR.2020.10.001572

Milton, D. L., Johnson, T. W., Murphy, B., Johnson, K. S., **Carter, H.**, Spurlock, A. L., Hussey J. (2020). Accepted safe food-handling procedures minimizes microbial contamination of home-prepared blenderized tube-feeding. *Nutrition in Clinical Practice*, 35(3), 479-486. <https://doi.org/10.1002/ncp.10450>

**Carter, H.**, Hussey, J., Forehand, J. W. (2019). Plagiarism in nursing education and the ethical implications in practice. *Heliyon*, 5(3). <https://doi.org/10.1016/j.heliyon.2019.e01350>

Johnson, T. W., Milton, D., Johnson, K., **Carter, H.**, Hurt, R., Mundi, M., Epp, L., Spurlock, A. (2019). Comparison of microbial growth between commercial formula and blenderized food for tube feeding. *Nutrition in Clinical Practice*, 34(2), 257-263. <https://www.ncbi.nlm.nih.gov/pubmed/30511371>

**Carter, H.**, Johnson, K., Johnson, T., & Spurlock, A. (2018). Blended tube feeding prevalence, efficacy, and safety: What does the literature say? *Journal of the American Association of Nurse Practitioners*, 30(3), 150-157.

Forehand, J.W., Miller, B.A., & **Carter, H.** (2017). Integrating mobile devices into the nursing classroom. *Journal of Teaching and Learning in Nursing*, 12, 50-52.

## Presentations

Cavey, W., Lewis, S., Carter, H. Sigma's 34th Annual International Research Congress, "Increasing Healthcare Professionals' Self-efficacy in Identifying and Treating Victims of Human Trafficking," Sigma Theta Tau International. (August 2023).

Johnson, T., Spurlock, A., Pritchett, A., Pierce, L., Hussey, J., Johnson, K., Carter, H., Davidson, S., Mundi, M., Epp, L., Hurt, R. ASPEN 2022 Nutrition Science and Practice Conference, "Can Blenderized Tube Feeding Improve Patient Outcomes in Head and Neck Cancer?," American Society for Parenteral and Enteral Nutrition, Seattle, Washington, United States of America. (March 29, 2022).

Milton, D., Johnson, T. W., Johnson, K. S., Murphy, B., Carter, H., Hurt, R. T., Mundi, M. S., Epp, L., Spurlock, A. L., Hussey, J., 2020 ASPEN Nutrition Science and Practice Conference, "Microbial Load of Home-Prepared Blenderized Tube Feeding," American Society for Parenteral and Enteral Nutrition, Tampa, Florida. March 2020.

Forehand, J. W., Miller, B. A., Carter, H., 44th Biennial Convention, "Exploring mLearning in nursing education," Sigma Theta Tau International, Indianapolis, Indiana. October 2017.

Johnson, K. S., Carter, H., Vardaman, S. A., 9th National Doctors of Nursing Practice Conference, "Interprofessional Education: Building Partnerships and Breaking Barriers," Baltimore, Maryland. October 2016.

Carter, H., Johnson, K., National Conference for Nurse Practitioners, "Retinoblastoma Early Detection: A Priority in Practice", Wolters Kluwer, Orlando, Florida. May 2016.

Carter, H., Johnson, K., Jones, S., AANP 2015 National Conference, "Vitamin D deficiency: A daunting diagnosis", American Association of Nurse Practitioners, New Orleans, LA. June 2015.

**Honors, Awards,  
Boards,  
Certifications, and  
Professional  
Organizations**

Phi Kappa Phi  
Sigma Theta Tau International  
American Nurses Credentialing Center, FNP-BC  
American Nurses Association  
American Association of Nurse Practitioners  
National League for Nursing

**Research Interest**

Primary Care Practice  
Nutrition/Blended Tube Feeding  
Ethical Issues in Nursing Practice  
Healthcare Policy  
Nursing Leadership

**Clinical Focus**

Family Practice  
Pediatrics  
ENT