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Leadership Profile

Dynamic academic leader with two decades of experience in higher education spanning faculty leadership, program creation/development, and service. Demonstrated success in advancing institutional priorities through shared governance, faculty mentorship, and data-informed decision making focused on student success.

Extensive experience mentoring faculty through the promotion and tenure process and strengthening collaborations across disciplines. Nationally engaged in leadership development initiatives through several organizations (American Kinesiology Association AKA, National Association for Kinesiology in Higher Education NAKHE, & The American Psychological Association APA), including most recently being named as a fellow for the inaugural AKA Executive Leadership Mentoring Program (Deans and above).

Kinesiology scholar with a sustained record of peer-reviewed publications, presentations, grant activity, and student mentorship.

Education

Ph.D., Kinesiology (Pedagogy)

Auburn University, *Summa Cum Laude*

M.S., Health and Human Performance (Pedagogy)

Auburn University, *Cum Laude*

B.S., Physical Education (Teacher Education)

University of South Carolina

Academic Leadership Experience

Troy University, Troy, Alabama

Professor and Director (Tenured), School of Allied Health

2024 to Present

Administrative Responsibilities: Chief administrative officer of the teaching, scholarly, and service programs of the School of Allied Health. The academic unit includes 8 total programs awarding 13 undergraduate and graduate degrees. Along with the AKA Nationally recognized home school program and Physical Activity program, SAH houses undergraduate programs in Exercise Physiology (CAAHEP), Interprofessional Health Sciences, Nutrition, Sport Pedagogy (CAEP), and Sport Coaching (NCACE); along with graduate degrees in Athletic Training (CAATE), Kinesiology, and Physical Education (CAEP). The newly approved Chiropractic Education D.C. (CCE) degree will launch in Fall 2027. The newly proposed Ph.D. & M.S. in Health Science is anticipated to launch Fall 2027 and/or Fall 2028. Approximate total enrollment in SAH = grown to over 1,000 students not including the physical activity program.

Professor and Chair (Tenured), Department of Kinesiology and Health Promotion

2020 to 2024

Administrative Responsibilities: Chief administrative officer of the teaching, scholarly, and service programs of the Department of Kinesiology and Health Promotion. The academic unit includes 4 total programs awarding 7 undergraduate and graduate degrees. Along with the AKA Nationally recognized home school program and Physical Activity program, KHP houses undergraduate programs in Exercise Physiology (CAAHEP), Health Promotion, & Sport Pedagogy (CAEP). Along with graduate degrees in Athletic Training (CAATE), Kinesiology, and Physical Education (CAEP). Approximate total enrollment in KHP = 500 students not including the physical activity program.

During my leadership since my start in administration 2020, major milestones include, but are not limited to:

- **Accepted to serve as a 2026-2027 Inaugural Fellow for the AKA Executive Leadership Program (Deans and above)**
- **Leveraged growth in collaboration with the schools of Nursing & Social work to build the New (2025), state of the art Jones Health Science building for the College of Health Sciences that now houses Allied Health, Nursing, & Social work.**
- **Created the Ph.D. and M.S. in Health Science for the College of Health Science housed in the School of Allied Health (currently in proposal with anticipated launch of 2027/2028).**
- **Co-creator of the new Doctor of Chiropractic program in School of Allied Health (launch Fall 2027).**
- **Co-PI in securing & managing \$7,000,000.00 Grant from the Alabama Department of Veterans Affairs (2024-2026).**
- **Worked with Blue Cross Blue Shield of Alabama to secure \$100,000 for a naming rights gift from BCBS to name the new "Blue Cross Blue Shield Movement Education lab" in the new Jones Building.**

- Served as Chancellors fellow AY 2022-2023. First group of CF's to be accepted to present their project at a national conference.
 - Leveraged growth in the School of Allied Health to create 11 new program coordinator roles across the growing school of Allied Health
 - Leveraged growth to create over 15 new faculty lines in the school of Allied Health
 - Created the new BS in Sports Coaching degree (launched 2025)
 - Co-created the new BS in Nutrition degree (launch 2025)
 - Created & developed the #4 Nationally ranked Sports/Performance Psychology Masters Degree
 - Successfully negotiated shared gym space with campus recreation & student services for SAH physical activity courses that bring in almost \$500,000 in revenue per year
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National and Regional Academic Leadership Experience

AKA Fellow for Executive Leadership Program Deans and above (2026-2027)

American Kinesiology Association

Serve in role as one year program on leadership development 2026-2027.

Responsibilities included:

- Working with Mentors on monthly meetings
- Developing a project/presentation with other AKA fellows
- Attending webinars, conferences, and work shops

Leadership Development Workshop Participant (2024)

National Association for Kinesiology in Higher Education

Served as a participant. Entrepreneurship in Higher Education: Challenges and Opportunities for Public and Private Institutions.

Chancellor's Fellows Program (2022-2023)

Troy University

Selected for a competitive leadership development program designed to prepare future academic administrators through training in governance, budgeting, and institutional leadership.

Select Honors and Awards

2024 Inducted into Phi Epsilon Kappa National Honors Society in Kinesiology

2015 Nominated for the Ingalls award which is given annually to the teacher on the Troy Campus who has "most diligently, effectively and cheerfully conducted his or her classes during the current academic year." Students nominate faculty members for the award, and a committee of students and faculty advisers selects the recipient. The award consists of a statue of Socrates, a plaque and a check for

\$1,000.

2005 Inducted into Kappa Delta Pi International Honor Society in Education

Research and Scholarship

Current research primarily focuses on Higher education individual/group dynamics, Leadership, and policy. Previous scholarship focused primarily on interdisciplinary program development and pedagogy. Other scholarly work includes elementary physical education, perceptual motor programming, and mental health & physical activity that have resulted in publications and funding.

Scholarly accomplishments include:

- 24 peer-reviewed publications
 - 61 national, international, and regional conference presentations
 - 7 external funded grant proposals
 - Collaborative interdisciplinary research
 - Graduate student mentorship and thesis supervision
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Graduate Mentorship

Supervised graduate students in kinesiology, physical education, health education, exercise physiology, Human performance, sport management, sport psychology, and athletic training. Students mentored in research design, data analysis, and scholarly dissemination.

- Over 100 graduate students supervised
 - 15 former mentees serve as college faculty
 - Others serve in
 - teaching kinesiology fields in K-12
 - private and public sector in allied health fields
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Select Service: Professional Affiliations

- American Kinesiology Association
- National Association for Kinesiology in Higher Education
- American Psychological Association
- Society for Health and Physical Educators
- North American Society for the Psychology of Sport and Physical Activity
- National Academy of Health and Physical Literacy