

Dr. Candy Howard-Smith
Troy University
Kinesiology and Health Promotion
Email: choward@troy.edu

Education

Ph D, Auburn University, Date Completed: December 2003.
Emphasis/Major(s): EXCSC
Supporting Areas of Emphasis: Motor Development/Special Education

MSE, Troy University, Date Completed: June 1998.
Emphasis/Major(s): MSFE
Supporting Areas of Emphasis: Foundations of Education

BS, Troy University, Date Completed: September 1996.
Supporting Areas of Emphasis: Physical Education

Administrative Assignments

Coordinator of Interprofessional Health Sciences, Department (August 1, 2022 - Present).
To advise, plan, coordinate, schedule classes and students majoring in the Interprofessional Health Sciences program and the associated minors.

Undergraduate Teacher Education Coordinator for KHP, Department (August 1, 2017 - Present).
To coordinate HPE class schedules, edTPA, curriculum, advise HPE students, direct interns, serve as liaison between KHP and COE, serve on committees, serve as faculty leader for teacher education and work alongside chair to improve curriculum and other HPE related issues.

Department Chairperson, Department, Approx. 1920 hrs. per year (August 1, 2009 - August 1, 2012).
Lead, manage, certify, and evaluate faculty, staff, and students. Write and revise curriculum, data collect, maintain accreditations, advise and register students, mentor faculty, mentor and manage GTA's, schedule classes, plan course of study for all curricula, attend events, implement faculty meetings, workshops, and professional development opportunities, and serve on committees. Resolve student and faculty issues and anything else that may arise within the department.

External Connections and Partnerships

Field Trip

Field Trip, Alabama Institute for the Deaf and Blind, Talladega, Alabama. (2017).

Field Trip, Alabama Institute for the Deaf and Blind, Talladega, Alabama. (2016).

Field Trip, Alabama Institute for the Deaf and Blind, Talladega, Alabama. (2015).

Field Trip, Camp Butter & Egg, Troy, Alabama. (2015).

Field Trip, Alabama Institute for the Deaf and Blind, Talladega, Alabama. (2014).

Field Trip, Alabama Institute for the Deaf and Blind, Talladega, Alabama. (2013).

Field Trip, Alabama Institute for the Deaf and Blind, Talladega, Alabama. (2012).
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Field Trip, Alabama Institute for the Deaf and Blind, Talladega, Alabama. (2008).
Field Trip, Alabama Institute for the Deaf and Blind, Talladega, Alabama. (2007).
Field Trip, Alabama Institute for the Deaf and Blind, Talladega, Alabama. (2006).

Service Learning

Service Learning, Troy City Schools, Troy, Alabama. (September 13, 2021).

Other

Troy City Schools, Troy, Alabama. (2019).
Troy City Schools - Hank Jones Early Childhood Center, Troy, Alabama. (2018).
Troy City Schools, Troy, Alabama. (2017).
Troy City Schools, Troy, Alabama. (2016).
Troy City Schools, Troy, Alabama. (2015).
Troy City Schools, Troy, Alabama. (2014).
Troy City Schools, Troy, Alabama. (2013).
Troy City Schools, Troy, Alabama. (2012).

Licensures and Certifications

Canvas Certification, Troy University/Canvas. (May 2017 - Present).
Blackboard Certification, Troy University/Blackboard. (2012 - 2020).
Institutional Review Board, IRB/Troy University. (2015 - 2018).
Institutional Review Board, Institutional Review Board/Troy University. (2010 - 2015).

Professional Memberships

none, North American Society for the Psychology of Sport and Physical Activity. (2001 - 2024).
board member in the past - not currently, Alabama State Association for Health, Physical Education, Recreation and Dance. (2003 - 2023).

none, American Alliance for Health, Physical Education, Recreation and Dance. (2010 - 2018).

Development Activities Attended

Faculty Fellowship, "Chancellor's Fellowship," Chancellor, Troy, Alabama, United States of America. (August 1, 2008 - September 1, 2009).

Awards and Honors

Top 10 under 40, Troy Life Magazine. (September 1, 2014).

Faculty of the Week, Troy University Athletic Department. (January 10, 2013).

Phi Mu Sorority Service, Phi Mu Sorority. (2006).

Willis J. Baughman Award, Alabama State Association for Health, Physical Education, Recreation and Dance. (November 2005).

Phi Mu Sorority Service, Phi Mu. (April 2005).

Who's Who Among College Graduate Students, Who's Who Among College Graduate Students. (1998).

Outstanding Major of the Year Award, National Association for Sport and Physical Education. (1997).

Phi Epsilon Kappa Professional Fraternity, Phi Epsilon Kappa Professional Fraternity. (1997).

Scholarship, Neal Trust Fund. (1997).

Who's Who Among College Students, Who's Who Among College Students. (1995).

Phi Gamma Beta Honor Society, Phi Gamma Beta Honor Society. (1994).

Excellence in Leadership Scholarship, Troy State University. (1993).

Scholarship, Escambia County Jr. Miss Program. (1993).

TEACHING

Teaching Experience

Troy University

HLT 4481, Methods and Materials, 1 course.

IED 4454, Internship Seminar for Interdisciplinary Education, 12 courses.

IED 5544, Internship Seminar, 6 courses.

KHP 1139, Fitness for Life I, 4 courses.

KHP 1141, Beginning Jogging, 4 courses.

KHP 2200, Health Concepts, 13 courses.

KHP 2202, First Aid and Safety and CPR, 3 courses.

KHP 2240, Personal and Community Health, 7 courses.

KHP 2251, Instructional and Theoretical Practices In Physical Education, 11 courses.

KHP 2260, Applied Fitness Concepts, 1 course.

KHP 3330, Physical Skills Proficiency, 1 course.
KHP 3340, Diverse Learners Children, 2 courses.
KHP 3350, Psychology of Wellness and Performance, 16 courses.
KHP 3361, Teaching Elementary Physical Education, 13 courses.
KHP 4410, Motor Development, 11 courses.
KHP 4462, Physical Education for Exceptional Children, 17 courses.
KHP 4465, Classroom Management and Organization Physical Educator, 20 courses.
KHP 4466, Physical Education Practicum, 4 courses.
KHP 4472, Internship in Health/Physical Education, 2 courses.
KHP 4481, Methods and Materials, 8 courses.
KHP 6602, Motor Skills and Human Performance, 2 courses.
KHP 6617, Research Methods I Education, 13 courses.
KHP 6672, Sports Psychology, 1 course.
KHP 6680, Practicum in HPE, 1 course.
KHP 6691, Research Methods II Physical Education, 13 courses.
SED 4454, Internship Seminar for Secondary Educa- Tion, 7 courses.
SED 5544, Internship Seminar, 4 courses.
SFM 6617, Reasearch Methods I, 4 courses.
SFM 6632, Critical Issues in Sport and Fitness, 1 course.
SFM 6672, Psychology and Philosophy of Sport, 1 course.
SFM 6691, Research Methods II Management Education, 6 courses.

Directed Student Learning

Internship Advisor, "Internship in Public Schools," Kinesiology & Health Promotion.
Advised: Tyler Starling, Andrew Thompson, Daryll Otwell, Joseph Dove, Jason Snider, Stephen McClure, Shelby Davis

Supervised Research, "TBA," Kinesiology & Health Promotion. (August 2017 - Present).
Advised: Bradley Crenshaw

Supervised Research, "TBA," Kinesiology & Health Promotion. (August 2017 - Present).
Advised: Kourtney Coleman

Internship Advisor, KHP. (August 2023 - December 2023).
Advised: Dexter Woods, Tajianah Brundidge, Jackson Kilcrease

Internship Advisor, KHP. (January 2023 - May 2023).
Advised: Julia Brooks, Kayla Saager, Easton Lumpkin

Internship Advisor, KHP. (August 2022 - December 2022).
Advised: Brandon Wilson, Claire Grammar, Dylan Gullede, Tyson Whiddon, Chandler Lunn

Internship Advisor, "Internship and Seminar," KHP. (January 1, 2022 - May 1, 2022).
Advised: Herbert Parker, John Patrick Spann, Alex Freeman

Internship Advisor, KHP. (December 2021).
Advised: Jacob Baker

Internship Advisor, KHP. (December 2021).
Advised: Kade McLaney

Internship Advisor, KHP. (December 2021).
Advised: Trey Lowery

Internship Advisor, "Internship and Seminar," KHP. (August 1, 2021 - December 1, 2021).
Advised: Jacob Baker, Trey Lowery, Kade McLaney

Internship Advisor, KHP. (May 2021).
Advised: Sam Rogers

Internship Advisor, KHP. (May 2021).
Advised: Sara Gann

Internship Advisor, KHP. (May 2021).
Advised: Taylor Johnson

Internship Advisor. (May 2021).
Advised: Thomas Tatom

Master's Thesis Committee Member, KHP. (April 2021).
Advised: Kiara Barrett

Internship Advisor. (December 2020).
Advised: Brett Goodson

Internship Advisor, KHP. (December 2020).
Advised: Caleb Finn

Internship Advisor, KHP. (December 2020).
Advised: Ethan Deal

Internship Advisor, KHP. (December 2020).
Advised: Jared Seay

Internship Advisor, KHP. (December 2020).
Advised: Reagan Carpenter

Internship Advisor, KHP. (December 2020).
Advised: Shelby Wright

Internship Advisor, KHP. (December 2020).
Advised: Tyler Vanzante

KHP. (December 2020).
Advised: Michael Morris

Internship Advisor, KHP. (May 2020).
Advised: Delilah Babb

Internship Advisor, KHP. (May 2020).
Advised: Madison Meigs

Internship Advisor, KHP. (May 2020).
Advised: Mollie Medine

Internship Advisor, KHP. (May 2020).
Advised: Sabrina Weinschreider

Internship Advisor, KHP. (December 2019).
Advised: Anna Marsh

Internship Advisor, KHP. (December 1, 2019).
Advised: Madeline Porter

Internship Advisor, KHP. (December 1, 2019).
Advised: Zach Hurst

Internship Advisor, Kinesiology & Health Promotion. (January 2019 - May 2019).
Advised: Landon Lasseter, David Stapleton

Internship Advisor, Kinesiology & Health Promotion. (August 2018 - December 2018).
Advised: Parker Horne, Michael Jordan

Master's Thesis Committee Member, Kinesiology & Health Promotion. (May 2018).
Advised: Jessica Richards

Internship Advisor, Kinesiology & Health Promotion. (August 15, 2015 - December 1, 2015).
Advised: Langlely Vannoy, Kieran Pearce

Supervised Research, "Fundamental Motor Skills in Preschool Children," Kinesiology & Health Promotion. (August 2014 - May 2015).
Advised: Sally Taunton

Internship Advisor, "Student Intern," Kinesiology & Health Promotion. (January 20, 2015 - May 1, 2015).
Advised: Kaitlyn Higgins, Kellen Shirley

Directed Individual/Independent Study, "Independent Research Study," Kinesiology & Health Promotion. (January 12, 2015 - May 1, 2015).
Advised: Sally Taunton, Lacy Ward

Supervised Research, "Graduate Assistant," Kinesiology & Health Promotion. (August 1, 2014 - May 1, 2015).
Advised: Sally Taunton

Supervised Teaching Activity, "Student Intern," Kinesiology & Health Promotion. (August 12, 2014 - December 1, 2014).

Supervised Teaching Activity, "Internship," Dept. of KHP. (August 1, 2012 - December 1, 2012).
Advised: Marvin Morton, Al Rumble, Rebecca Freeland, James Pruitt, Lauren Guy

Internship Advisor, Kinesiology & Health Promotion. (January 10, 2011 - May 1, 2011).
Advised: Becky Freeland, Heather Neimic

RESEARCH

Published Intellectual Contributions

Book Chapters

Smith, C. H. (2023). Chapter 3: Motor Behavior and Sensory Processing Disorders. *Disability and Motor Behavior: A Handbook of Research* (1st ed.). Lanham, Maryland: Rowman & Littlefield Publishing.

Journal Articles

- Starrett, A., Irvin, M., Miedema, S. T., Howard Smith, C., Goodway, J., Stodden, D., Brian, A. (2021). An Examination of Motor Competence Profiles in Preschool Children: A Latent Profile Analysis. *Research Quarterly in Exercise Science*, 1-10.
<https://www.tandfonline.com/doi/full/10.1080/02701367.2020.1859440>
- Killough, B. P., Sluder, J. B., Shaughnessy, C. H., Rhodes, A. (2020). *Journal of Physical Education, Recreation and Dance*.
- Howard, C., Smith, E. (1998). The effect of subject height and bench height on anaerobic step test power output. *Alabama Journal of Health, Physical Education, Recreation and Dance*, 21(1), 27-33.

Other

- Barrett, K., Garner, J. C., Shaughnessy, C. H., Mouser, J. G. (2021). *Effects of Footwear on Countermovement Jump Force-Time Characteristics in Division I Collegiate Volleyball Players* (5th ed., vol. 34). Journal of Strength and Conditioning Research.
- Jessee, M. H., Stanford, D. M., Chatlaong, M. A., Dankel, M., Mouser, J. G., Basford, L. E., Barrett, K., Shaughnessy, C. H., Garner, J. C. (2021). *Effects of Footwear on Static and Dynamic Balance in Division I Collegiate Volleyball Players* (5th ed., vol. 34). Journal of Strength and Conditioning Research.

Refereed Journal Articles

- Killough, B. P., Sluder, J. B., Shaughnessy, C. H., Rhodes, A. (2021). Physical Literacy and Practical Applications for Physical Educators. *JOPERD*, 92(2), 30-39.
<https://www.shapeamerica.org/publications/journals/joperd/>
- Bryan, A., Pennell, A., Taunton, S., Starrett, A., Howard Shaughnessy, C., Goodway, J., Wadsworth, D., Rudisill, M., Stodden, D. (2019). Motor Competence Levels and Developmental Delay in Early Childhood: A Multicenter Cross-Sectional Study Conducted in the USA. *Sports Medicine*, 10. Dept. of KHP, 112 Wright Hall
- Hollett, N., Sluder, J. B., Taunton, S., Shaughnessy, C. H. (2016). Teaching Body and Space Awareness and Integrating core subjects. *JOPERD*, 87(7), 31-35.
- Shaughnessy, C. H., Sluder, J. B. (2015). Roller Skating and Interdisciplinary Physical Education. *Strategies*, 28(4), 26-32.
<http://www.shapeamerica.org/publications/journals/strategies/index.cfm>
- Sluder, J. B., Shaughnessy, C. H. (2015). Using Integration and Autonomy to Teach an Elementary Running Unit. *Journal of Physical Education Recreation and Dance (JOPERD)*, 86(4), 17-23. <http://www.shapeamerica.org/publications/journals/joperd/>
- Countryman, D. A., Sluder, J. B., Shaughnessy, C. H. (2014). Supporting Alabama School Physical Education Programs Through Grant Funding. *ASAHPERD Journal*, 35(1), 18-22.
- Howard-Shaughnessy, C., Bush, G. L., Cherry, S. (2013). Six Steps for Implementing Plyometric Training in Elementary Physical Education. *Strategies*, 26(5), 10-16.
http://portal.shapeamerica.org/publications/journals/strategies/about_strategies_journal.aspx
- Sluder, J. B., Green, M. S., Shaughnessy, C. H. (2012). Effect of an Educational HealthField Day on Learning Outcomes in Children. *National Teacher Education Journal*, 5(2), 59-66.

Andrews, A., Shaughnessy, C. H., Adams, J. E. (2007). Combating CA-MRSA in Physical Education, Sports, and Dance. *Journal of Physical Education, Recreation, and Dance*, 78(9), 19-21.

Adalbjornsson, C., Rudisill, M., Wall, S., Howard, C. H. (2005). Meeting Active Start Guidelines in the ADC-Boykin Program: Infants. *Journal of Physical Education Recreation and Dance*, 15.

Buchanan, A. M., Howard, C., Martin, E., Williams, L., Childress, R., Bedsole, B., Ferry, M. (2002). Integrating Elementary Physical Education and Science. *Journal of Physical Education Recreation and Dance*, 73(2), 31-36.

Buchanan, A., Howard, C., Martin, E., Childress, R. (2000). Fit Newton's great adventure: force and motion: a cooperative problem solving approach to integrating 5th grade physical education and science. *Journal of Physical Education, Recreation and Dance*, 73(2), 31-35.

Presentations Given

Shaughnessy, C. H. (Presenter & Author), Bush, G. (Author Only), Moore, M. (Author Only), North American Association for the Psychology of Sport and Physical Activity, "Effects of virtual teaching fundamental motor skills in preschool-aged children," NASPSPA, Waikoloa, Hawaii, United States of America. (May 28, 2022).

Bush, G. (Presenter & Author), Smith, C. (Author Only), Alabama State Association for Health, Physical Education, Recreation and Dance, "Using Educational Learning Theories in Course Embedded Assignments and edTPA," AAHPERD, Birmingham, Alabama, United States of America. (November 15, 2021).

Barrett, K., Garner, J. C., Shaughnessy, C. H., Mouser, J. G., National Strength and Conditioning Association, "Effects of Footwear on Countermovement Jump Force-Time Characteristics in Division I Collegiate Volleyball Players," NSCA, Orlando, Florida, United States of America. (July 8, 2021).

Basford, L., Barrett, K., Shaughnessy, C. H., Garner, J. C., Mouser, J. G., National Strength and Conditioning Association, "Effects of footwear on static and dynamic balance in division I collegiate volleyball players," NSCA, Orlando, Florida, United States of America. (July 8, 2021).

Howard Shaughnessy, C., Alabama State Association for Health, Physical Education, Recreation and Dance, ASHPERD, Birmingham, Alabama, United States of America. (November 17, 2019).

Howard Shaughnessy, C. (Presenter & Author), Miedema, S. T. (Author Only), Rhodes, A. (Author Only), Motor Development Research Consortium, "Relationship between motor and literacy skill proficiency to promote school readiness in preschoolers," MDRC, Verona, Italy, Italy. (September 11, 2019).

Green, M. S., Sluder, J. B., Shaughnessy, C. H., Martin, N., Ross, J., Higgins, K., ASHPERD Spring Conference, "Reducing the Risk of Injury in High School Sports," ASHPERD, Orange Beach, Alabama, United States of America. (April 2019).

Sluder, J. B., Green, M. S., Shaughnessy, C. H., Crenshaw, B., Wright, R., Higgins, K., ASHPERD Spring Conference, "The Risk of Injuries in High School Sports," ASHPERD, Orange Beach, Alabama, United States of America. (April 2019).

- Sluder, J. B., Green, M. S., Shaughnessy, C. H., Cox, R., Chaudhari, Z., ASAPERD Fall Conference, "Correlation Between Physical Activity and Academic Performance," ASAPERD, Birmingham, Alabama, United States of America. (November 2018).
- Sluder, J. B., Green, M. S., Shaughnessy, C. H., Kimmel, C., Westry, S., ASAPERD Fall Conference, "Discovering the Positives and Negatives of Youth Resistance Training," ASAPERD, Birmingham, Alabama, United States of America. (November 2018).
- Shaughnessy, C. H., Sluder, J. B., Taunton, S., Brian, A., NASPSPA Internatinal Convention, "A Longitudinal Examination of a structured perceptual Motor Program," NASPSPA, Denver, Colorado, United States of America. (June 2018).
- Green, M. S., Sluder, J. B., Shaughnessy, C. H., Coleman, K., Mills, O., Moynihan, P., Biagtan, C., ASAPERD Spring Conference, "The Power of Positivity: Positive and Negative Coaching Attributes," Alabama State Association for Health, Physical Education, Recreation and Dance, Orange Beach, Alabama, United States of America. (April 2018).
- Sluder, J. B., Green, M. S., Shaughnessy, C. H., Fuller, T., Griffin, S., McCray, Z., ASAPERD Spring Conference, "The Pros and Cons of Sport Specialization," Alabama State Association for Health, Physical Education, Recreation and Dance, Orange Beach, Alabama, United States of America. (April 2018).
- Richards, J., Sluder, J. B., Shaughnessy, C. H., Green, M. S., Hollett, N., SHAPE America National Convention and Expo, "Effect of a New Games Unit on Secondary Physical Education," SHAPE, Nashville, Tennessee, United States of America. (March 2018).
- Metzger, B. (Presenter & Author), Howard-Shaughnessy, C. (Author Only), Ninth International Convention of the Association for Behavior Analysis, "Teaching pre-sports skills to young children with autism: The synergy of ABA and Kinesiology," Association for Behavior Analysis International, Paris, France. (November 2017).
- Shaughnessy, C. H. (Presenter & Author), Taunton, S. A. (Presenter & Author), Brian, A. (Presenter & Author), Sluder, J. B. (Presenter & Author), NASPSPA International Convention, "Physical Education vs. Free Play in Motor Skill Development of Preschoolers," North American Society for the Psychology of Sport and Physical Activity, San Diego, California, United States of America. (June 2017).
- Richards, J. M., Sluder, J. B., Green, M. S., Shaughnessy, C. H., ASAPERD Spring Conference, "Advantages of a Student Centered Curriculum in Secondary Physical Education," Alabama State Association for Health, Physical Education, Recreation and Dance, Orange Beach, Alabama, United States of America. (May 2017).
- Taunton, S. A. (Presenter & Author), Shaughnessy, C. H. (Presenter & Author), Sluder, J. B. (Presenter & Author), Ali, B. (Presenter & Author), Jessica, R. M. (Presenter & Author), Society for Health and Physical Educators (SHAPE), "Longitudinal Effects of Intervention on Children's Fundamental Motor Skills," SHAPE, Boston, MA, United States of America. (March 2017).
- Metzger, B., Howard-Shaughnessy, C., Alabama State Association for Health, Physical Education, Recreation and Dance, "ABA Therapy and Movement for Children with Special Needs in Adapted Physical Education," Birmingham, Alabama, United States of America. (November 2016).
- Shaughnessy, C. H., Bush, G. L., Haley, M., Crowell, C., Alabama State Association for Health, Physical Education, Recreation and Dance, "Bullying in Physical Education - Really?,"

- Birmingham, Alabama, United States of America. (November 2016).
- Metzger, B. (Presenter & Author), Howard-Shaughnessy, C. (Presenter & Author), Farmer, L. (Presenter & Author), Alabama Association for Behavior Analysis Annual Convention, "Kinesiology and applied behavior analysis: The perfect collaboration for teaching pre-sports skills to individuals with autism," Alabama Association for Behavior Analysis, Birmingham, AL, United States of America. (October 2015).
- Ward, L., Lindsey, T., Sluder, J. B., Shaughnessy, C. H., ASAPERD Spring, "creating Physical Education on a Budget," ASAPERD, Orange Beach, Alabama, United States of America. (April 6, 2015).
- Sluder, J. B., Shaughnessy, C. H., Taunton, S., Soceity of Health and Physical Educators (SHAPE), "The Importance of Teaching Appropriate Criterion in Fundamental Motor Skills," SHAPE, Seattle, Washington, United States of America. (March 15, 2015).
- Hollett, N., Sluder, J. B., Shaughnessy, C. H., Bush, G. L., Taunton, S., ASAPERD Fall, "Physical Education with Minimal Equipment," ASAPERD, Birmingham, Alabama, United States of America. (November 16, 2014).
- Garner, W., Higgins, B., Vannoy, L., Shaughnessy, C. H., Sluder, J. B., ASAPERD Fall, "Technology + APP = A whole lotta PE," ASAPERD, Birmingham, Alabama, United States of America. (November 16, 2014).
- Shaughnessy, C. H., Sluder, J. B., NASPSPA International Conference, "Academic Readiness through Movement Education in Preschoolers," North American Society for the Psychology of Sport and Physical Activity, Minneapolis, Minnesota, United States of America. (June 2014).
- Shaughnessy, C. H., Sluder, J. B., NASPSPA International Conference, "Longitudinal Tracking of a Perceptual Motor Development Program (From Preschool to Kindergarten – Year 1)," North American Society for the Psychology of Sport and Physical Activity, Minneapolis, Minnesota, United States of America. (June 2014).
- Sluder, J. B., Shaughnessy, C. H., NASPSPA International Conference, "Pre-Service Teacher Perceptions of Teaching a Perceptual Motor Development Program for Preschoolers," North American Society for the Psychology of Sport and Physical Activity, Minneapolis, Minnesota, United States of America. (June 2014).
- Shaughnessy, C. H. (Presenter & Author), Sluder, J. B. (Presenter & Author), Bush, G. L. (Presenter & Author), American Alliance for Health, Physical Education, Recreation and Dance, "Fresh Fruits and Vegetables: Examining Behaviorally Focused Nutrition Education," AAHPERD, Charlotte, North Carolina, United States of America. (2013).
- Shaughnessy, C. H. (Presenter & Author), Sluder, J. B. (Presenter & Author), North American Society for the Psychology of Sport and Physical Activity, "Building a Perceptual Motor Development Program for Preschoolers," NASPSPA, New Orleans, Louisiana, United States of America. (June 2013).
- Sluder, J. B. S (Presenter & Author), Shaughnessy, C. H. (Presenter & Author), Green, M. S. (Presenter & Author), American Alliance for Health, Physical Education, Recreation and Dance, "Learning Outcomes in Children after an educational health field day," AAHPERD, Charlotte, North Carolina, United States of America. (April 2013).
- Shaughnessy, C. H. (Presenter & Author), Grantham, C. (Presenter Only), Creating healthy kids, healthy schools, "SKATETIME: A Cardio-respiratory Workout," Alabama State Association for Health, Physical Education, Recreation and Dance, Birmingham, Alabama, United States of

- America. (November 2012).
- Shaughnessy, C. H. (Presenter & Author), Morgan, J. (Presenter & Author), Alabama State Association for Health, Physical Education, Recreation and Dance, "Analysis of Football Helmet Safety Practices in Alabama High School Activities," ASAPERD, Birmingham, Alabama, United States of America. (November 5, 2012).
- Sluder, J. B., Shaughnessy, C. H., North American Society for the Psychology of Sport and Physical Activity International Conference, "Using Autonomy-Supportive Teaching in Elementary Physical Education: An Alternative Approach to Fitness Units," NASPSA, Honolulu, Hawaii, United States of America. (June 2012).
- Shaughnessy, C. H., Sluder, J. B., Bush, G. L., Freeland, R. C., Emily, H., Tomer, W., Waddail, A., Share The Wealth Conference, "Campus Fit," Southern District of AAHPERD, Jekyll Island, Georgia, United States of America. (January 2012).
- Lana, J., Sluder, J. B., Shaughnessy, C. H., Waddail, A., Will, M., Share The Wealth Conference, "Creative Games with Oversize Activity Balls for Secondary and Elementary Education," Southern District of AAHPERD, Jekyll Island, Georgia, United States of America. (January 2012).
- Patil, N. D., Green, M. S., Martin, T., Shaughnessy, C. H., Alabama State Association for Health, Physical Education, Recreation and Dance Fall Conference, "Validity of a Hand-Held Indirect Calorimeter for Estimating Resting Metabolic Rate," Alabama State Association for Health, Physical Education, Recreation and Dance, Birmingham, AL, United States of America. (November 2011).
- Shaughnessy, C. H. (Presenter & Author), Bush, G. (Presenter & Author), Oceans of Opportunity, "Effectiveness of a Three-Tier Comprehensive Asthma Training and Intervention," American Alliance for Health, Physical Education, Recreation and Dance, San Diego, California, United States of America. (March 2011).
- Shaughnessy, C. H. (Presenter & Author), Bush, G. (Presenter & Author), Oceans of Opportunity, "HIVE School Health: Abstinence-Based versus Comprehensive-based Curriculums," American Alliance for Health, Physical Education, Recreation and Dance, San Diego, California, United States of America. (March 2011).
- Shaughnessy, C. H. (Presenter & Author), Bush, G. (Presenter & Author), Oceans of Opportunity, "Integrating Classroom Activities for Healthy Learning: The Mind-Body Connection," American Alliance for Health, Physical Education, Recreation and Dance, San Diego, California, United States of America. (March 2011).
- Shaughnessy, C. H. (Presenter & Author), Bush, G. (Presenter & Author), Cherry, S. (Presenter & Author), Share the Wealth Physical Education Conference, "Plyometric Training: Impact in Elementary Physical Education," Georgia Association for Health, Physical Education, Recreation and Dance, Jekyll Island, Georgia, United States of America. (January 27, 2011).
- Shaughnessy, C. H. (Presenter & Author), ASAPERD, "Mentoring New Faculty Members," Alabama State Association for Health, Physical Education, Recreation and Dance, Birmingham, Alabama, United States of America. (November 14, 2010).
- Shaughnessy, C. H. (Presenter & Author), Bush, G. (Presenter & Author), Alabama Academy of Science Annual Conference, "Effects of Cup Stacking on Children with Disabilities," Alabama Academy of Science, Tuskegee, Alabama, United States of America. (2007).
- Shaughnessy, C. H. (Presenter & Author), Bush, G. (Presenter & Author), To Whom Much is

Given, "Successfully Linking Theory with Application: School and Community-Based Service Learning Courses Addressing Health and Fitness," The University of Alabama, Tuscaloosa, Alabama, United States of America. (2007).

Shaughnessy, C. H., Alabama State Association for Health, Physical Education, Recreation and Dance, "Effects of a Motor Skill Intervention on the Motor Skills in Children with Developmental Delays," Alabama State Association for Health, Physical Education, Recreation and Dance, Birmingham, Alabama, United States of America. (2005).

Shaughnessy, C. H. (Presenter & Author), Bush, G. (Presenter & Author), Alabama State Association for Health, Physical Education, Recreation and Dance, "Practical Applications in Creating Field Experience Hours in the P-12 Environment for HPR Majors," Alabama State Association for Health, Physical Education, Recreation and Dance, Birmingham, Alabama, United States of America. (2005).

Media Contributions

Newspaper

Prek Easter Egg Hunt. (2017).

Prek Easter Egg Hunt. (2016).

Troy City Schools Education Foundation Grant. (2016).

TV

Health Schools Grant. (September 7, 2017).

WSFA TV Interview and Awards Ceremony. (May 2016).

WSFA TV Interview and Awards Ceremony. (May 2015).

Adapted Class takes TES students on field trip. (April 2015).

Disaster Relief. (October 1, 2006).

Contracts, Grants and Sponsored Research

Grant

Shaughnessy, C. H. (Principal), Sluder, J. B. (Co-Principal), Johnson, T. W. (Co-Principal), Juan, H. (Co-Principal), "Healthy Start," Sponsored by General Mills, Private, \$10,000.00.

Shaughnessy, C. H. (Co-Principal), Sluder, J. B. (Principal), Mathner, R. P. (Co-Principal), "Kids Run America," Sponsored by Road Runners Club of America, Private, \$1,000.00.

Shaughnessy, C. H. (Co-Principal), Bush, G. L. (Principal), Sluder, J. B. (Co-Principal), Flynn, C. L. (Co-Principal), "Motor Movement Mania," Sponsored by United Health Heroes Youth Service America, Private, \$1,000.00.

Shaughnessy, C. H. (Principal), Sluder, J. B. (Co-Principal), Henderson, J. (Co-Principal), "Planting Healthy Habits," Sponsored by 2013 Youth Garden Grant Award, Private, \$1,000.00.

Shaughnessy, C. H. (Principal), Sluder, J. B. (Principal), "Run, Fun, and Run," Sponsored by ING Run for Something Better School Awards Program, Private, \$1,000.00.

Shaughnessy, C. H. (Principal), Sluder, J. B. (Co-Principal), Bush, G. L. (Co-Principal), Flynn, C. L. (Co-Principal), "U R What U Eat," Sponsored by United Health Heroes Youth Service America Grant, Private, \$1,000.00.

Shaughnessy, C. H. (Principal), Sluder, J. B. (Principal), "Using Autonomy-Supportive Teaching in Elementary Physical Education: An Alternative Approach to Fitness Units," Sponsored by Saucony Fun for Good Grant, Private, \$25,000.00.

Spurlock, A. L. (Co-Principal), Smith, E. (Co-Principal), Andrews, A. K. (Co-Principal), Shaughnessy, C. H. (Co-Principal), Weed, L. D. (Co-Principal), "Women Initiating New Ways (WIN)," Sponsored by Womes Sports Federation Grant, Private, \$5,000.00.

Smith, C. H., "After-School Perceptual-Motor Program," Sponsored by Big Lots, \$40,000.00. (January 2023 - Present).

Smith, C. H., "Faculty Development Grant," Sponsored by Office of Sponsored Programs, Troy University. (May 1, 2022 - Present).

Shaughnessy, C. H., "Paper Presentation for NASPSPA," Sponsored by Faculty Development Grant, \$1,000.00. (June 2020 - Present).

Smith, C. H. (Principal), Wilson, D. (Co-Principal), Garner, J. C. (Co-Principal), "Saucony Run for Good Grant," Sponsored by Saucony Shoes, \$9,671.50. (2021 - 2022).

Shaughnessy, C. H., Wilson, D., Garner, J., "Saucony Run for Good," Sponsored by Saucony, Private, \$9,671.50. (June 2022).

Howard Shaughnessy, C. (Principal), Cherry, S. (Co-Principal), "Outdoor Play," Sponsored by Blue Cross Blue Shield of Alabama, Private, \$10,000.00. (January 2019 - May 2019).

Sluder, J. B. (Co-Principal), Shaughnessy, C. H. (Principal), "Outdoor Fitness and Fun," Sponsored by Blue Cross Blue Shield, Private, \$10,000.00. (August 2017 - January 2018).

Sluder, J. B. (Co-Principal), Shaughnessy, C. H. (Principal), "Outdoor Fitness and Fun," Sponsored by Blue Cross Blue Shield, State, \$10,000.00. (2017).

Shaughnessy, C. H., "Achilles Kids," Sponsored by Achilles Kids, Other, \$1,000.00. (August 2015 - May 2016).

Shaughnessy, C. H., "Presentation at North American Society for the Psychology of Sport and Physical Activity," Sponsored by Faculty Development Grant, Troy University, \$750.00. (2014).

Sluder, J. B. (Co-Principal), Shaughnessy, C. H. (Principal), "It's Cabbage Time," Sponsored by Bonnie Plants, Private, \$500.00. (September 2014).

Shaughnessy, C. H., "AAHPERD Presentation," Sponsored by Faculty Development Grant, Troy University, \$375.00. (2013).

Shaughnessy, C. H., "Presentation at North American Society for the Psychology of Sport and Physical Activity," Sponsored by Faculty Development Grant, Troy University, \$125.00. (2013).

Shaughnessy, C. H., "Carol M. White Physical Education Program," Sponsored by Federal Government, Local, \$360,000.00. (2010 - 2013).

Shaughnessy, C. H. (Supporting), "USDA Fresh Fruits and Vegetables," Sponsored by USDA, Federal, \$5,000.00. (August 1, 2012 - May 1, 2013).

Shaughnessy, C. H. (Supporting), "USDA Fresh Fruits and Vegetables," Sponsored by USDA, Federal, \$5,000.00. (August 1, 2012 - May 1, 2013).

Shaughnessy, C. H. (Principal), Sluder, J. B. (Co-Principal), Henderson, J. (Co-Principal), "Growing Healthy Habits," Sponsored by Whole Kids Foundation: School Garden Grants, Private, \$2,000.00. (2012).

Shaughnessy, C. H., "Paper Presentation at North American Society for the Psychology of Sport and Physical Activity," Sponsored by Faculty Development Grant, Troy University, \$750.00. (2012).

Shaughnessy, C. H., "Share the Wealth Physical Education," Sponsored by Faculty Development Grant, Troy University, \$250.00. (2012).

Shaughnessy, C. H. (Principal), Sluder, J. B. (Co-Principal), Henderson, J. (Co-Principal), "Grow with the Garden," Sponsored by Subaru Health Sprouts Grant, Private, \$400.00. (October 31, 2012).

Shaughnessy, C. H. (Co-Principal), Sluder, J. B. (Principal), Bush, G. L. (Co-Principal), Flynn, C. L. (Co-Principal), "Children's Health Field Day," Sponsored by United Health Heroes Youth Service America, Private, \$1,000.00. (2011).

Shaughnessy, C. H., "Faculty Development Grant," Troy University, \$750.00. (2011).

Shaughnessy, C. H., "Plyometrics: An Impact in Elementary Physical Education," Sponsored by Faculty Development Grant, Troy University, \$750.00. (2011).

Shaughnessy, C. H., "USDA Fresh Fruits and Vegetables," Sponsored by USDA, Federal, \$5,000.00. (2011).

Shaughnessy, C. H. (Principal), Bush, G. L. (Co-Principal), "Youth Service America Grant," Sponsored by UnitedHealth HEROES, Private, \$700.00. (January 18, 2011 - April 18, 2011).

Bush, G. L. (Principal), Shaughnessy, C. H. (Co-Principal), "Fitness Safari," Sponsored by Youth Service American, Private, \$500.00. (October 2010).

Shaughnessy, C. H. (Co-Principal), Sluder, B. (Principal), Bush, G., "Healthy Fun Day for Kids," Sponsored by Youth Service America, Private, \$500.00. (October 2010).

Shaughnessy, C. H. (Co-Principal), Flynn, C. (Principal), Sluder, B. (Co-Principal), Murphy, K., "Healthy High School," Sponsored by Youth Service America, Private, \$500.00. (October 2010).

Shaughnessy, C. H., "14th Annual Helen Keller Lecture," Sponsored by Alabama Institute for the Deaf and Blind, State, \$1,500.00. (2009).

Shaughnessy, C. H., "14th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Education, State, \$1,500.00. (2009).

Shaughnessy, C. H., "14th Annual Helen Keller Lecture," Sponsored by Alabama State

Department of Mental Health & Mental Retardation, State, \$1,500.00. (2009).

Shaughnessy, C. H., "14th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Rehabilitation Services, State, \$1,500.00. (2009).

Shaughnessy, C. H., "14th Annual Helen Keller Lecture," Sponsored by The Helen Keller Foundation for Research and Education, Private, \$1,500.00. (2009).

Shaughnessy, C. H., "13th Annual Helen Keller Lecture," Sponsored by Alabama Institute for the Deaf and Blind, State, \$1,500.00. (2008).

Shaughnessy, C. H., "13th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Education, State, \$1,500.00. (2008).

Shaughnessy, C. H., "13th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Mental Health & Mental Retardation, State, \$1,500.00. (2008).

Shaughnessy, C. H., "13th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Rehabilitation Services, State, \$1,500.00. (2008).

Shaughnessy, C. H., "13th Annual Helen Keller Lecture," Sponsored by The Helen Keller Foundation for Research and Education, Private, \$2,000.00. (2008).

Shaughnessy, C. H., "12th Annual Helen Keller Lecture," Sponsored by Alabama Institute for the Deaf and Blind, State, \$1,500.00. (2007).

Shaughnessy, C. H., "12th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Education, State, \$1,500.00. (2007).

Shaughnessy, C. H., "12th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Education, State, \$1,500.00. (2007).

Shaughnessy, C. H., "12th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Mental Health & Mental Retardation, State, \$1,500.00. (2007).

Shaughnessy, C. H., "12th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Rehabilitation Services, State, \$2,000.00. (2007).

Shaughnessy, C. H., "12th Annual Helen Keller Lecture," Sponsored by The Helen Keller Foundation for Research and Education, Private, \$1,500.00. (2007).

Shaughnessy, C. H., "11th Annual Helen Keller Lecture," Sponsored by Alabama Institute for the Deaf and Blind, State, \$500.00. (2006).

Shaughnessy, C. H., "11th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Education, State, \$500.00. (2006).

Shaughnessy, C. H., "11th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Mental Health & Mental Retardation, State, \$500.00. (2006).

Shaughnessy, C. H., "11th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Rehabilitation Services, State, \$500.00. (2006).

Shaughnessy, C. H., "11th Annual Helen Keller Lecture," Sponsored by The Helen Keller Foundation for Research and Education, Private, \$500.00. (2006).

Shaughnessy, C. H., "New Leaf Grant Program," Sponsored by Alabama State Department of Public Health and the Office of Women's Health, State. (2006).

Shaughnessy, C. H., "Practical Applications in Creating Field Experience Hours," Sponsored by Faculty Development Grant, Troy University, \$750.00. (2006).

Shaughnessy, C. H., "Presentation at Alabama State Association for Health, Physical Education, Recreation and Dance," Sponsored by Faculty Development Grant, Troy University, \$750.00. (2005).

Shaughnessy, C. H., "Presentation at International Society on Infant Studies Conference," Sponsored by Faculty Development Grant, Troy University, \$750.00. (2004).

Shaughnessy, C. H., "Summer Shadowing Program 2003," Sponsored by E.L. Gibson Foundation, Private, \$2,000.00. (2003).

Awards and Honors

CHHS Graduate Research Award, CHHS. (April 2015).

SERVICE

University Service

Committee Chair, 12th Annual Helen Keller Lecture.

Committee Chair, 13th Annual Helen Keller Lecture.

Committee Chair, 14th Annual Helen Keller Lecture.

Administrative Assignment, Department Chair.

Committee Member, American Kinesiology Association Membership Committee.

Committee Member, Health Education Curriculum Committee for Alabama State Department of Education.

Committee Chair, P-12 Secondary Coordinator, College of Education.

Committee Member, Promotion and Tenure Appeals Committee.

Committee Chair, Search Committee for Asst./Assoc. HPE position.

Committee Chair, Search Committee for Asst./Assoc. SFM position.

Committee Member, Search Committee for Department Chair for Department of Curriculum and Teaching, College of Education.

Committee Member, Student Services Conduct Board.

Committee Member, Student Services Coordinator Search Committee.

Committee Chair, Undergraduate Academic Committee.

Committee Member, Undergraduate Academic Council.

Program Coordinator. (August 1, 2016 - Present).

Program Coordinator, Coordinator, Interprofessional Health Sciences Program. (2023 - 2024).

COE P-12 Interdisciplinary committee. (August 2019 - 2022).

Program Coordinator, Undergraduate Program Coordinator for Teacher Education. (2021).

Program Coordinator, Undergraduate Coordinator for Teacher Education. (2020).

Program Coordinator, Undergraduate Program Coordinator for Teacher Education. (2019).

Committee Member, CHHS Graduate Research Committee. (2016 - 2017).

Committee Member, P-12 Interdisciplinary Studies Committee. (2012 - 2017).

Committee Member, Institutional Effectiveness Committee. (2006 - 2012).

Committee Member, Ecampus Communication Committee. (2008 - 2011).

Committee Member, Quality Enhancement Plan Implementation Committee. (2008 - 2011).

Data Collector for HOMER (SACS) for CHHS. (2009 - 2010).

Professional Service

Guest Speaker, Alabama Governor's Youth Leadership Forum for Students with Disabilities, Troy, Alabama.

Member, Alabama State Association for Health, Physical Education, Recreation and Dance, Birmingham, Alabama.

Reviewer, Conference Paper, American Alliance for Health, Physical Education, Recreation and Dance, Troy, Alabama.

Committee Member, American Kinesiology Association.

Partner to provide workshops and seminars to fulfill requirements of grant., Carol M. White PEP Grant Partner, Daleville, Alabama.

Guest Speaker, LDR 3300 Leadership Class, Troy, Alabama.

Reviewer, Book, Lippincott Williams and Wilkins, Philadelphia, Pennsylvania.

Guest Speaker, SGA Leadership Conference, Troy, Alabama.

Public Service

Member, Philanthropic Educational Organization, Troy, Alabama.

Committee Chair, Pike County Relay for Life, Troy, Alabama.

Member, Rotary Club of Troy, Troy, Alabama.

Member, Rotary Representative for Miracle League Playground, Troy, Alabama.

Chairperson, Staff Parish Relations Committee, First United Methodist Church of Troy, Troy, Alabama.

Board Member, Troy Miracle League, Troy, Alabama.

Member, Troy Junior Women's League, Troy, Alabama. (1999 - Present).

Director, Distinguished Young Woman of Pike County, Troy, Alabama. (2015 - 2018).

Officer, President/Elect/Past, Troy City Schools Education Foundation, Troy, Alabama. (2015 - 2017).

Officer, President/Elect/Past, West College Street Historic District Association, Troy, Alabama. (2013 - 2017).

Board Member, Janice Capilouto Center for the Deaf/Easter Seals, Montgomery, Alabama. (2008 - 2010).

Officer, President/Elect/Past, Philanthropic Educational Organization, Troy, Alabama. (2006 - 2007).

Officer, President/Elect/Past, Troy Junior Women's League, Troy, Alabama. (2006 - 2007).

Awards and Honors

Service, Community

Alabama Institute for the Deaf and Blind Talladega Special Olympics, Alabama Institute for the Deaf and Blind. (October 19, 2011).

Youth Summit Appreciation Award, Alabama Cooperative Extension System for Outstanding Financial Support. (2003).

Service, University

Selected as President, Phi Kappa Phi. (2009).

Service Award, Alpha Tau Omega Fraternity. (2007).

"Ms. Greek", Order of Omega. (April 2006).

Ingalls Award for Excellence in Classroom Teaching, Troy University. (April 2006).