

Nikki Hollett

Curriculum Vitae

Associate Professor | Department of Kinesiology
College of Education and Professional Studies
University of Wisconsin-Whitewater
hollettn@uww.edu

Education

Master of Science in Instructional Design and Learning Technology in progress, expected 2028
University of Wisconsin-Whitewater

Doctor of Philosophy, Kinesiology- Physical Education, 2018
Auburn University
Dissertation: Influence of Social Status on Fifth Grade Students' Group Work during Physical Education

Master of Science in Education, Kinesiology- Physical Education, 2015
Troy University

Bachelor of Science in Physical Education, 2013
Troy University

Academic Appointments

Associate Professor, University of Wisconsin-Whitewater | Fall 2022- present

Assistant Professor, University of Wisconsin-Whitewater | Fall 2018- Summer 2022

Graduate Teaching Assistant, Auburn University | 2015- 2018

Adjunct Faculty, Troy University | 2015

Graduate Teaching Assistant, Troy University | 2013- 2015

Teaching Experience

University of Wisconsin Whitewater

PEPROF 166 | Introduction to Physical Education

Fall 2018; Spring 2019; Fall 2019; Winter 2020; Spring 2020; Summer 2020; Fall 2020; Spring 2021; Fall 2021; Spring 2022

PEPROF 240 | Standards-Based Curriculum and Planning

Spring 2020; Fall 2023; Fall 2024, Summer 2025, Summer 2026

PEPROF 260 | Assessment in Physical Education

Fall 2023; Spring 2024; Fall 2024

PEPROF 365 | Teaching Fitness for Physical Education

Spring 2019; Spring 2020; Spring 2021; Spring 2022; Summer 2022

PEPROF 410 | Student Teaching Seminar

Fall 2023; Spring 2024; Fall 2024; Spring 2025; Fall 2025, Spring 2026, Fall 2026

PEPROF 437 | Methods of Teaching Elementary Physical Education

Fall 2018; Fall 2019; Fall 2020; Fall 2021; Fall 2022, Spring 2023, Fall 2023, Spring 2024, Fall 2024, Spring 2025, Fall 2025, Spring 2026, Fall 2026

PEPROF 447 | Methods of Teaching Secondary Physical Education
Spring 2024

PEPROF 447 | Methods of Teaching Secondary Physical Education (Online)
Spring 2024; Fall 2024; Spring 2025

PEPROF 466 | Literacy in Physical Education
Fall 2020; Summer 2021; Fall 2021

PEPROF 492 | Pre-Student Teaching
Fall 2018; Fall 2019; Fall 2020; Fall 2021; Fall 2022

COACHING 463/663 | Children and Sports
Summer 2019; Summer 2020; Summer 2021; Summer 2022; Winter 2024

Pre-Student Teaching Supervision; Student Teaching Supervision (every semester)

University of Wisconsin Extension

HES 217 | Social Aspects of Sport
Fall 2019; Spring 2020

Auburn University

Graduate Teaching Assistant | 2015- 2018

KINE 1103: Wellness (Online)

KINE 3300: Instructional Strategies in Physical Education

KINE 4360: Health Ed and Physical Ed in Elementary School

KINE 4920: Student Teaching Supervisor

KINE 4970: Physical Activity Camp

PHED 1003: Active Auburn (Online)

PHED 1200: Cardio Respiratory Walking

PHED 1450: Team Sports Volleyball

PHED 1550: Team Sports Tennis

Troy University

Adjunct Faculty | 2015

KHP 1139: Fitness for Life 1

KHP 2239: Fitness for Life 2

KHP 1101: Badminton

Graduate Teaching Assistant | 2013- 2015

KHP 1139: Fitness for Life 1

KHP 2239: Fitness for Life 2

KHP 1101: Badminton

KHP 1111: Archery

KHP 2200: Health Concepts

Teaching Development

2020 | Completed Online/Blended Teaching Institute

2018- 2019 | Completed University of Wisconsin-Whitewater First Year Program

Research and Grant Experience

University of Wisconsin Whitewater

Teaching and Learning Grant | \$1,000 | 2023, 2024, 2025

International Society for Technology in Education (ISTE) Standards Alignment Grant \$1,000 (2023)

Special Olympics Research Grant \$30,000 (2022)

UW-Whitewater College of Education and Professional Studies Research stipend \$3,000 (2019, 2020, 2021, 2022)

UW-Whitewater College of Education and Professional Studies Distance Education Fund \$3000 (2019, 2020, 2021)

UW-W Faculty Initiative for Research/Scholarly/Creative Excellence (FIRE). Amount requested: \$10,000 (not funded, 2019)

UW-W Student and Mentor Programs Group Grant. Amount requested: \$1,176 (funded)

Earlier Grants and Research Support

Auburn University Graduate School \$200 Research Travel Funding (2017)

Auburn University School of Kinesiology \$500 Research Travel Funding (2017)

Auburn University College of Education \$500 Research Travel Funding (2017)

Auburn University College of Education \$500 Research Travel Funding (2016)

Auburn University School of Kinesiology \$500 Research Travel Funding (2016)

SHAPE America Graduate Student Grant. Amount requested: \$500 (not funded)

Lowe's Toolbox Grant. Amount requested: \$2,500 (funded 2015)

Invited Lectures

Green Bay High School- "So you want to be a PE Teacher?"

Publications

Peer Reviewed Journal Articles

Hollett, N., & Brock, S. J. (2026). AI-enhanced feedback loops in physical education teacher education: Using chatbots and Brisk AI to support reflection and instructional growth. *Educational Practices in Kinesiology*, 6(2), Article 2. <https://digitalcommons.wku.edu/epik/vol6/iss2/2/>

Brock, S., & Hollett, N. (2024). Experiences of undergraduate students enrolled in a university instructional physical activity course: Exploring factors contributing to behavior modification. *Building Healthy Academic Communities Journal*, 8(3), 35- 48.

Brock, S. J., Miller, B. C., Hollett, N., Grimes, J. R., & Moore, M. (2024). Providing support to first-year graduate teaching assistants: What do they really need? *Journal of Teaching in Physical Education*, 43(2), 199- 208. <https://doi.org/10.1123/jtpe.2023-0043>

Hollett, N., & Brock, S. J. (2024). 'What makes you the boss?' Understanding student perceptions of social status in sport education. *Sport, Education and Society*, 29(6), 699- 711. <https://doi.org/10.1080/13573322.2023.2174965>

- Hollett, N., Brock, S. J., Cosgrove, B., Grimes, J. R., Hastie, P., & Wadsworth, D. (2022). 'Involve me, and I learn': Effects of social status on students' physical activity, skill, and knowledge during group work. *European Physical Education Review*, 28(4), 1025- 1041. <https://doi.org/10.1177/1356336X221103354>
- Hastie, P. A., Stringfellow, A., Johnson, J. L., Dixon, C. E., Hollett, N., & Ward, K. (2022). Examining the concept of engagement in physical education. *Physical Education and Sport Pedagogy*, 27(1), 1- 18. <https://doi.org/10.1080/17408989.2020.1861231>
- Wang, Y., & Hollett, N. L. (2022). Cognitive, affective, and global attitude toward physical activity with different intensities. *International Journal of Sport and Exercise Psychology*, 20(2), 551- 568. <https://doi.org/10.1080/1612197X.2020.1869803>
- Goad, T., Jones, E., Bulger, S., Daum, D., Hollett, N., & Elliott, E. (2021). Predicting student success in online physical education. *American Journal of Distance Education*, 35(1), 17- 32. <https://doi.org/10.1080/08923647.2020.1829254>
- Hollett, N., Brock, S. J., Grimes, J. R., & Cosgrove, B. (2020). Is knowledge really power? Characteristics contributing to social status during group work in physical education. *Physical Education and Sport Pedagogy*, 25(1), 16- 28.
- Ward, J. K., Hastie, P. A., Wadsworth, D. D., Foote, S., Brock, S. J., & Hollett, N. (2017). A sport education fitness season's impact on students' fitness levels, knowledge and in-class physical activity. *Research Quarterly for Exercise and Sport*, 88, 346- 351.
- Hollett, N., Brock, S. J., & Hinton, V. (2017). Bug-in-ear technology to enhance preservice teacher training: Peer versus instructor feedback. *International Journal of Learning, Teaching and Educational Research*, 16(2).
- Brock, S. J., Wadsworth, D., Hollett, N., & Rudisill, M. E. (2016). Using Movband technology to support online learning: An effective approach to maximizing resources in kinesiology. *Kinesiology Review*, 5(4), 289- 294.
- Hollett, N., Sluder, J. B., Taunton, S., & Howard-Shaughnessy, C. (2016). Teaching body and spatial awareness in elementary physical education using integration of core content subjects. *Journal of Physical Education, Recreation & Dance*, 87(7), 31- 35.

Published Conference Abstracts

- Brock, S. J., Moore, M. E., Hollett, N., Hastie, P. A., Buchanan, A. M., Revels, S., & Robert, L. (2023, March). Physical Education Teachers' Initial Experiences Implementing a Sport Education Unit. *Research Quarterly for Exercise and Sport*, 94, A108.
- Ward, K., Stringfellow Jr, A., Richards, J. M., Cosgrove, B., Brock, S. J., & Hollett, N. (2019). Undergraduate Student Experiences in an Online Physical Education Course. *Research Quarterly for Exercise and Sport*, 90, A101-A102.
- Cosgrove, B., Richards, J. M., Hollett, N., & Brock, S. J. (2019). An Examination of Emotions Experienced by First-Year Graduate Teaching Assistants. *Research Quarterly for Exercise and Sport*, 90, A120-A121.

Conference Presentations

- Brock, S. J., & Hollett, N. L. (2026, June). Artificial intelligence in qualitative analysis: A comparative examination of efficiency, accuracy, and interpretive depth. International Association for Physical Education in Higher Education World Congress, Taipei, Taiwan.
- Hollett, N., & Brock, S. (2025, December). Embodied equity online: Rethinking body politics in online PETE programs. International Association for Physical Education in Higher Education Specialist Seminar. Bunbury, Australia.

- Brock, S. J., & Hollett, N. (2025, September). An Exploration of the Interactions and Experiences of Elementary Students during a Sport Education Season Incorporating the CASEL Framework. British Educational Research Association (BERA). Sussex, England.
- Happel, K., Johnson, R., & Hollett, N. (2025, June). Expanding Access to Adapted Sports: Preparing Future Educators to Champion Adapted Sports in Schools and Communities. International Symposium of Adapted Physical Activity (ISAPA). Kerry, Ireland.
- Hollett, N. (2025, May). Fostering Future-Ready Educators: Designing a Positive Learning Environment Course for PETE. Celebrating Teaching and Learning Conference (CITL). Whitewater, Wisconsin.
- Hollett, N., & Brock, S. J. (2025, April). Innovative Strategies for Integrating AI in Physical Education Teacher Education: Enhancing Teaching, Learning, and Assessment. Alabama State Association for Health, Physical Education, Recreation, and Dance (ASAHPERD). Orange Beach, Alabama.
- Brock, S. J., & Hollett, N. (2024, May). Social and Emotional Development in Sport Education Group Work. International Association for Physical Education in Higher Education Conference (AIESEP). Jyväskylä, Finland.
- Hollett, N., & Brock, S. J. (2024, May). Social Status in Physical Education: Where are we now? International Association for Physical Education in Higher Education Conference (AIESEP). Jyväskylä, Finland.
- Brock, S. J., Moore, M., Hollett, N., Hastie, P., Buchanan, A., Revels, S., Spradin, M., Spino, F., McNeill, S., Pitchford, T., & Robert, L. (2023, April). Physical Education Teachers' Initial Experiences Implementing a Sport Education Unit. Society of Health and Physical Education (SHAPE). Seattle, WA.
- Hollett, N., & Brock, S. J. (2022, June). Exploring Characteristics Contributing to Social Status during Group Work in Physical Education. International Association for Physical Education in Higher Education Conference (AIESEP). Gold Coast, Australia.
- Hollett, N., & Brock, S. J. (2022, June). Effects of Social Status on Students' Physical Activity, Skill, and Knowledge during Group Work. International Association for Physical Education in Higher Education Conference (AIESEP). Gold Coast, Australia.
- Miller, V., Olvera, S., Biba, M., Hopkins, M., Mumford, D., & Hollett, N. (2021, April). Reflections of PETE students navigating field experiences during the COVID pandemic. Wisconsin Health and Physical Education Convention (WHPE). Wisconsin Dells, WI.
- Stringfellow, A. S., & Hollett, N. (2020, February). The Development of an "Engagement in Physical Education" scale. Conference on Academic Research in Education (CARE). Las Vegas, NV.
- Hollett, N., & Brock, S. J. (2018, December). Student Perspectives of Leadership during Group Work. International Association for Physical Education in Higher Education Conference (AIESEP). New York, NY.
- Hollett, N., & Brock, S. J. (2018, November). "What Makes You the Boss?": Understanding Student Perceptions of their Social Status in Sport Education. American Educational Research Association (AERA). Toronto, ON.
- Stringfellow, A. S., & Hollett, N. (2018, November). Expert Perceptions of Students' Behavioral Engagement in Physical Education. Ethnographic and Qualitative Research Conference (EQRC). Las Vegas, NV.
- Richards, J. M., Sluder, J. B., Hollett, N., Green, M., & Howard-Shaughnessy, C. (2018, March). Effect of a New Games Unit on Secondary Physical Education. Society of Health and Physical Education (SHAPE). Nashville, TN.

- Stringfellow, A. S., Hollett, N., Favoretto, L., Miedema, B., & Hastie, P. A. (2018, March). Promoting Academic Success through Integrating Classroom Content in Physical Education. Society of Health and Physical Education (SHAPE). Nashville, TN.
- Ward, J. K., Hollett, N., & Stringfellow, A. S. (2018, March). Pokémon Go or Gone? Using Apps to Promote Physical Activity. Society of Health and Physical Education (SHAPE). Nashville, TN.
- Hollett, N., Brock, S. J., Richards, J. M., & Cosgrove, B. (2018, January). Innovative Approaches to Teacher Development in a PETE Program. American Kinesiology Association (AKA). Denver, CO.
- Cosgrove, B., Richards, J. M., Hollett, N., & Brock, S. J. (2018, January). Preparing Graduate Teaching Assistants: Perceptions of First-Year Student Experiences. National Association for Kinesiology in Higher Education (NAKHE). Phoenix, AZ.
- Hollett, N., & Brock, S. J. (2017, November). Identifying behaviours exhibited by power influence within group work. International Association for Physical Education in Higher Education Conference (AIESEP). Guadeloupe, FRA.
- Hollett, N., Ward, J., Brock, S. J., & Stringfellow, A. (2017, November). Preparing culturally aware preservice teachers in physical education. International Association for Physical Education in Higher Education Conference (AIESEP). Guadeloupe, FRA.
- Favoretto, L., Martin, E., Hollett, N., & Pangelinan, M. (2017, June). The Effects of Motivational Climates on Tennis Serve Performance. Poster presentation at North American Society for the Psychology of Sport and Physical Activity (NASPSPA). San Diego, CA.
- Hollett, N. L., Sluder, B. J., Taunton, S. A., & Brock, S. J. (2017, March). Integrating Core Curriculum into Physical Education. Oral presentation at the Society of Health and Physical Education America (SHAPE). Boston, MA.
- Ward, J. K., Hollett, N. L., & Stringfellow, A. S. (2017, January). Mobile Fitness Apps for Promoting Physical Activity: A Case Study of Individuals Playing Pokémon Go. Poster presentation at the Ethnographic and Qualitative Research Conference (EQRC). Las Vegas, NV.
- Hollett, N. L., Sluder, B. J., Taunton, S. A., & Brock, S. J. (2016, June). Integrating core curriculum with basic movement skills in elementary physical education. Poster presentation at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA). Montreal, QC.
- Ward, J. K., Hastie, P. A., Brock, S. J., & Hollett, N. L. (2016, June). The Impact of a Sport Education Fitness Season on Students' Fitness Knowledge and Achievement. Oral presentation at the International Association for Physical Education in Higher Education (AIESEP). Laramie, WY.
- Hastie, P. A., Boyd, K., Brock, S. J., Hollett, N., & Ward, J. K. (2016, June). Motivational profiles of students during a season of Sport Education fitness. Oral presentation at the International Association for Physical Education in Higher Education (AIESEP) convention, Laramie, WY.
- Brock, S. J., Hollett, N. L., Hastie, P. A., Ward, J. K., & Boyd, K. (2016, June). An examination of peer exchanges during a Sport Education fitness unit. Oral presentation at the International Association for Physical Education in Higher Education (AIESEP) convention, Laramie, WY.
- Hollett, N., & Taunton, S. (2014, November). Preparing high school athletes for college athletics. Alabama State Association for Health, Physical Education, Recreation, and Dance, Troy University.
- Countryman, D., Hollett, N., & Sluder, J. B. (2014, November). Lowe's Toolbox Grant. Alabama State Association for Health, Physical Education, Recreation, and Dance, Troy University.
- Hollett, N., Taunton, S., & Sluder, J. B. (2014, March). Teaching a physical education class with minimal equipment. Alabama State Association for Health, Physical Education, Recreation, and Dance.

Professional Affiliations

2025- present The Online and Professional Education Association (UPCEA)
2019- present Wisconsin Health and Physical Education (WHPE)
2015- present International Association for Physical Education in Higher Education (AIESEP)
2016- 2018 American Educational Research Association (AERA)
2015- 2019 Society of Health and Physical Education America (SHAPE)
2016- 2021 Ethnographic and Qualitative Research Conference (EQRC)
2015- 2017 North American Society for Psychology of Sport and Physical Activity (NASPSPA)
2014- 2017 Alabama State Association for Health, Physical Education, Recreation, and Dance (ASAHPERD)

Awards

2025 | British Educational Research Association Special Interest Group Best Presentation Award

Service and Relevant Experience

University of Wisconsin Whitewater

2026 College Technology Committee
2025 College Inclusive Excellence and Diversity Committee
2025 Department Scholarship Committee
2024 Chair of Search Committee for Health Education Faculty
2024 Chair of Search Committee for Physical Education Faculty
2024 Kinesiology Strategic Planning Committee
2023 Search Committee for Head Football Coach
2022- present University Intercollegiate Athletics Committee
2022- 2024 Teacher Education, Licensure and Clinical Experiences (TELCE) Committee
2021- 2023 HPEA Majors Club Advisor
2021- 2023 University Campus Landscape and Planning Committee
2021 SOAR Program Advisor
2021 Search Committee for Assistant Men's Basketball Coach
2020 Chair of Search Committee for Assistant Swim Coach
2020- 2024 Physical Education Program Coordinator
2020- 2025 Kinesiology Curriculum Committee
2019- 2020 University Audit and Review Committee
2019 Search Committee for Assistant Swim Coach
2018- 2020 College Assessment Committee

Earlier Service and Experience

July 2016- 2017 Camp Abilities Unlimited Camp Mentor
2016- 2017 Supervised interns (n = 8)

2016- 2017 Mentorship of undergraduate students assisting with research (n = 6)

2016- 2017 Incoming PETE undergraduate student interviews (Interviewer)

June 2016 Auburn University Sports Science Camp Volunteer teacher

October 2015 Pediatric Movement and Physical Activity Parent Seminar for Children with Developmental Disabilities

June 2015 Auburn University Sports Science Camp Volunteer teacher

2015 Supervisor and On-Campus Movband Technician for Active Auburn

Community and Professional Service

2022 Vice President of the University and College Division WHPE

2022 Academic Decathlon Judge

2021, 2022 CrossFit Games volunteer

August 2021- 2023 WHPE 125th Anniversary Committee