

Ashleigh Kaitlyn Higgins, Ph.D.

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EDUCATION

- Doctor of Philosophy** – Auburn University, Auburn, AL January 2018 - April 2021
Major: Kinesiology
Concentration: Sport Pedagogy
GPA: 3.89/4.00
Advisor: Dr. Alice Buchanan
Dissertation Title: Physical Education Paraeducators
- Master of Science** – Troy University, Troy, AL August 2015 - May 2017
Major: Sport and Fitness Management
Concentration: Coaching
Advisors: Dr. Candy Howard-Shaughnessy & Dr. J. Brandon Sluder
GPA: 3.67/4.00
- Bachelors of Science** – Troy University, Troy, AL August 2010 - May 2015
Major: Physical Education – Teacher Certification
Double Major: Health Education – Teacher Certification
GPA: 3.24/4.00

PROFESSIONAL EXPERIENCE

- Physical Education Teacher**, Orange Beach Middle/High School August 2021-September 2023
Teaching Responsibilities:
7th-8th Grade Physical Education
K, 1st, & 4th Grade Physical Education
7th-8th Grade Health
9th – 10th Grade Health
- Graduate Teaching and Research Assistant**, Auburn University January 2018 – May 2021
Instructor of Record:
KINE 4360 – Health Education and Physical Education in Elementary Schools
KINE 2253 – Motor Development Across the Lifespan
KINE 3823 – Principles of Sport Coaching
KINE 1103 – Wellness
PHED 1640 – Performance Activity: Yoga

Additional Responsibilities: Teaching students that were apart of Auburn University's EAGLES program, a continuing education program for individuals 18-26 years old with significant limitations in adaptive behavior and intellectual functioning. Assisting with research projects and manuscripts.

Graduate Teaching Assistant, Troy University

August 2015 - May 2016

Instructor of Record:

KHP 1111 – Archery

Co-Taught:

KHP2256 - Introduction to Physical Education

KHP4485 – Individual and Team Sports

KHP4496 – Biomechanics

KHP2220 – Health Concepts

KHP3350 - Psychology of Wellness

KHP 1101 – Badminton

KHP 1124 – Beginning Yoga

KHP1107 – Swimming

COACHING EXPERIENCE

Head Coach Cheerleading Program	
Orange Beach Middle/High School	2023
Administrative Assistant 7 th , 8 th , 9 th , JV, & Varsity Volleyball	
Orange Beach Middle/High School	2022-2023
Assistant Coach Varsity Cheerleading	
Orange Beach Middle/High School	2022
Assistant Coach Girl's Golf	
Orange Beach Middle/High School	2022-2023
Tumbling Instructor/Coach	
Orange Beach Tumbling	2021-2022
Coach Middle School Volleyball	
Orange Beach Middle/High School	2021-2022
Coaching Internship Troy University Cheerleading	January-May 2016
Coach All Star Cheerleading	2011-2015

ADDITIONAL TEACHING & PRACTICAL EXPERIENCE

Teacher , "Yoga" 9 th -12 th grade	2021-2022
Guest Lecture , "Yoga for increased flexibility"	Spring 2021
St. Bonaventure University, PHED111- Fitness Activities	
Guest Lecture , "Animal Assisted Therapies for Individuals with Disabilities"	Fall 2019
Auburn University, KINE 7260 – Individuals with Disabilities in Physical Education	

Guest Lecture, “Brain Boosters” in Elementary Education	Fall 2019
Auburn University, KINE 4360 – Health Education and Physical Education in Elementary Schools (two sections)	
Guest Lecture, “Physical Education Paraeducators” in physical education	Fall 2019
Auburn University, KINE 7200 – Curriculum and Teaching in Physical Education	
Assisted instructor of record, Hairui Lui	Fall 2019
Auburn University, PHED1400- Team Sports: Badminton	
Observed and Assessed PETE Interns using EdTPA, during teaching internships.	Fall 2018
Auburn University, KINE 4920 - Clinical Residency	
Student Intern, Newton Elementary School, Newton, AL	February – March 2015
K – 6 th Grade Physical Education- Taught Gymnastics, Aerobics, Stretching, and Teamwork Units.	
Student Intern, Carrol High School, Ozark, AL	March – April 2015
9 th – 12 th Grade Health Education- Taught Alcohol & Drug Units	
Student Intern, Charles Henderson Junior High School, Troy, AL	April – May 2015
7 th & 8 th Grade Physical Education- Fitness Testing, Gymnastics/Aerobics Units	

CERTIFICATIONS / PROFESSIONAL DEVELOPMENT

NAHS Cheer coaches’ trainings	2023
Centegix Logistics Training	August 2023
Dragonfly Trainings for coaching	2022
ACAP Administrator Training	2022
Access Facilitator Training	2021
Before/ After School Hours English Language Learners Program- Baldwin County	2021
Newsela Online Training Workshops	
#5: Differentiating Instruction	
#7: Guiding Inquiry	2021
AERA’s VRLC Professional Development Courses	
RL-8: Using Factor Analysis for Survey Design and Validation	September 1, 2020
Instructors: Katherine Picho & Marie Plaisime, Howard University	
RL-9: Co-Decolonizing Research Methods: Toward Research Sustaining Indigenous and ‘Other’ Community Engaged Ways of Knowing	September 15, 2020
Instructors: Lorri Many Rivers Johnson Santamaría, Mixteco Indígena Community Organizing Project (MICOP) & Cristina Corrine Santamaría Graff, Indiana University – Purdue University at Indianapolis	
State of Alabama Teaching Certification	
Physical Education (p-12) Health Education (6-12)	August 2015-present
CITI Training	
IRB Defining Research with Human Subjects (ID 110761)	March 26, 2020
IRB Research with Children (ID 32243)	February 25, 2019
IRB Research in Public Elementary and Secondary Schools (ID 32241)	January 30, 2018

IRB #2 Social and Behavioral Emphasis- AU Personnel (ID 72746)	January 25, 2018
Responsible Conduct of Research for Social and Behavioral (ID 38149)	November 28, 2018
Alabama Reading Initiative Certified	August 2015
Red Cross CPR/ First Aide Certified	2013-present
Baldwin County Public Schools Physical Education PD @Fairhope	March 2022
ASAPERD Conferences	
Orange Beach, AL	April 2022
Orange Beach, AL	April 2019
Orange Beach, AL	April 2016
Birmingham, AL	November 2014
SHAPE America National Convention, Salt Lake City, UT	
(CANCELED DUE TO COVID-19)	April 2020
Nationwide PETE COVID-19 Zoom Meeting,	
Facilitated by Emily Jones Ph.D., K. Andrew R. Richards Ph.D., Chad Killian Ph.D., Jennifer Krause Ph.D., Risto Marttinen Ed.D., Jaimie McMullen Ph.D., & Kason O'Neil Ph.D.	April 2020
Professional Development Seminar, Dr. Ford Dyke & Reita Canton	October 3, 2019
Mindfulness and Interdependence of performance and health	
2018 Warrior Research Center Tactical Athlete Summit	September 26 & 27, 2018
Auburn University, The Edward Via College of Osteopathic Medicine	

PROFESSIONAL ASSOCIATIONS / COMMITTEE MEMBERSHIPS

Title IX Committee, Orange Beach Middle/High School	2021-2023
MERT, Orange Beach Middle/High School	2021-2023
Health & Physical Education Department Head, OBM/HS	2021-2023
AEA	2021-present
Society of Health and Physical Education America (SHAPE)	2019-present
Alabama State Association of Health, Physical Education, Recreation and Dance (ASAPERD)	2014-2020
Troy University KHP Club member	2013-2016

SERVICE /OUTREACH EXPERIENCES

Volunteer Orange Beach Youth Cheerleading Camps	2021-2023
Volunteer MAAAC Golf Tournament	2023
Volunteer Head of Concessions OBM/HS Volleyball and Basketball	2022-2023
Volunteer Chaperone OBMHS Prom	2021
Volunteer Gate worker OBMHS Football, Softball, and Baseball	2021-2023
MMIW USA: Missing and Murdered Indigenous Women USA, Donor	2020-2022
Reviewer for <i>The Elementary School Journal</i>	February 2021-Present
Reviewer for <i>Strategies</i>	November 2018-Present

KHP Club Treasurer , Troy University	2013-2014
Troy Elementary Pre-school Program , Troy University	
Clinical Experience implementing perceptual motor skills to all students	2014
Study Abroad "Germerica" KHP program, Troy University	
Studied at Technische Universität Darmstadt, Darmstadt, Germany	2014
College Cheerleader , Troy University	
Compete in National competitions, cheer at university sporting events and sponsored events, and private appearances.	2010-2013
Trojan Cheer Camp , Troy University	
Led a cheerleading camp for children ages 4-12 at Troy University	2010-2013
Volunteer for The Beat Goes On KHP dance recital, Troy University	
Assisted in Announcing, Organizing, and Performing	2014-2016
Volunteer , Assisted in renovating PE facilities for Barber County Junior High School	
The Lowes Improvement Grant	April 2014
Volunteer , Assistant for the Nick Costes 5k, Troy University	April 2014
Volunteer Cheerleading Coach , Holtville High School & Middle School, Deatsville, Al.	2013
Volunteer at Food Drives, Volunteer Janitorial Services for AHSAA Football games	
As a member of the Troy University La'Couture Fashion Society	2013
Volunteer Foster for Lee County Humane Society	2021
Volunteer at Elmore County Humane Society, Wetumpka, Al,	
Took donations and volunteered cleaning services.	2011

CONFERENCE PRESENTATIONS

- Sluder, J. B., Green, M. S., **Higgins, A. K.**, Grimes, J. R., Freeman, A. O., Saager, K., & Murphy, J. (April 2022) Optimizing Online Learning in Physical Education (K-12). To be presented at *ASAHPERD Conference*. Orange Beach, AL on April 22, 2022.
- Higgins, A. K.** & Buchanan, A. M. (April 2020) Therapeutic Riding: A horse, of course! Paper accepted to be presented at *SHAPE America Conference*. Salt Lake City, UT on April 22, 2020. **CANCELED DUE TO COVID19
- Sluder, J. B., Green, M. S., Howard-Shaughnessy, C., Wright, R. R., Crenshaw, B. A., **Higgins, K.** (April 2019). The Risk of Injuries in High School Sports. Alabama State Association of Health, Physical Education, Recreation, and Dance. Orange Beach, AL.
- Green, M. S., Sluder, J. B., Howard-Shaughnessy, C., Martin, N., Ross, J., & **Higgins, K.** (April 2019). Reducing the Risk of Injury in High School Sports. Alabama State Association of Health, Physical Education, Recreation, and Dance. Orange Beach, AL.
- Higgins, A. K.** & Howard-Shaughnessy, C. (April 2017). Effects of Brain Breaks in Higher Education. Troy University Research Competition.
- Higgins, A.K.**, Richards, J. M., Howard-Shaughnessy, C. & Sluder, J. B. (April 2016). A New and Improved Physical Activity Setting for Children with ADHD. Alabama State Association of Health, Physical Education, Recreation, and Dance. Orange Beach, AL.

Richards, J. M., **Higgins, A. K.**, Sluder, J. B., & Howard-Shaughnessy, C. (April 2016). Innovative New Games: A remedy for the complacent teacher. Alabama State Association of Health, Physical Education, Recreation, and Dance. Orange Beach, AL.

Richards, J. M., **Higgins, A. K.**, Howards-Shaughnessy, C. & Bush, G. (November 2014). Autism: It Works! Alabama State Association of Health, Physical Education, Recreation, and Dance. Birmingham, AL.

PUBLICATIONS

Higgins, A.K., Sluder, J.B., & Richards, J.M. (2015) A New & Improved Physical Education Setting for Students with ADHD. *Strategies*, (31), 26-32.

MANUSCRIPTS in REVISION or in PROGRESS

Higgins, A. K. & Buchanan, A. M. (2021). *Socialization of Physical Education Paraeducators: Context, Preparation, and Role-sets.*

Higgins, A. K. & Buchanan, A. M. (2020). *Therapeutic Riding: A horse, of course!*

Higgins, A. K., Buchanan, A. M., Maestas, S., Mitchell, I., & Jordan, A. (2020). *Physical Education Paraeducator's Perceptions of their Roles.*

Dissertation – *Physical Education Paraeducators*

AWARDS AND HONORS

\$750 Research Travel Funding, School of Kinesiology, Auburn University	2018-2019
\$300 Research PD Funding, School of Kinesiology, Auburn University	2019-2020
\$500 Research Travel Funding, College of Education, Auburn University	2019
Pi Epsilon Kappa Honors Fraternity, Delta sigma Chapter	Initiated April 2017
Chancellor's Honors List, Troy University	Summer 2017
Provost Honors List, Troy University	Fall 2010, Spring 2014
Leadership Scholarship, Troy University	2010-2014
Athletes 3.0 Club, Troy University	2010-2013

GRADUATE COURSEWORK

ERMA 7200 Basic Methods in Educational Research

ERMA 7300 Design and Analysis in Educational Research I

ERMA 7210 Theory and Methodology of Qualitative Research

ERMA 7220 Applied Qualitative Research

KINE 7010 Research Methods in Physical Activity

KINE 8300 Research in Kinesiology

KINE 6200 Research Project in Physical Education

KINE 6250 Instructional Supervision for Physical Education

KINE 7180 Advanced Sociological Aspects of Sport

KINE 7250 Evaluation of Programs in Physical Education

KINE 7380 Integrating Classroom Concepts

KINE 7260 Individuals with Disabilities in Physical Education

KINE 7300 Content and Pedagogy in Physical Education

KINE 7200 Curriculum and Teaching in Physical Education

KINE 7350 Organization and Analysis of Instruction in Physical Education

KINE 8970 Special Topics: Resume Development

KINE 8970 Special Topics: Publication Process

KINE 8970 Special Topics: Methods of Teaching at the University Level

KINE 7950 Seminar: College Teaching

HIED 7236 Student Services Administration in Postsecondary Education

KINE8990 Research and Dissertation

REFERENCES

Dr. J. Brandon Sluder

Professor & Graduate Program Coordinator
Kinesiology and Health Promotion
Troy University
jbsluder@troy.edu
(334) 808-6292

Dr. Alice M. Buchanan

Former Associate Professor
School of Kinesiology, College of Education
Auburn University
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(334) 844-1472

Michael Lee

Former Principal at Orange Beach Middle/High School
Principal
Thompson High School
Michael.lee@acsboe.org
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Karen Atkins

Assistant Principal, Head Volleyball Coach
Orange Beach City Schools
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Scott Cook

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Shane Alexander

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