

Kelley DeVane Hart, Ph.D., RDN, LDN

Associate Professor & Nutrition Program Coordinator

Troy University, College of Health Sciences, School of Allied Health

Stadium Tower, Room 212-B, Troy, AL 36082

(334) 670-3747 | hartk@troy.edu

LinkedIn: [linkedin.com/in/kelley-devane-hart-phd-rdn-ldn-009970234](https://www.linkedin.com/in/kelley-devane-hart-phd-rdn-ldn-009970234)

EDUCATIONAL RECORD

University of Alabama at Birmingham, Birmingham, Alabama

Ph.D. Health Promotion/Health Education, 2014

Dissertation: *An Evaluation of the Healthy Eating Active Living (HEAL) Alabama Program for Prevention of Childhood Obesity Among Fifth Grade Students.*

Advisor: Dr. Retta Evans

University of Alabama at Birmingham, Birmingham, Alabama

M.S. Clinical Nutrition, 1993

Thesis: *Dietary Intake of Fruits and Vegetables Among Fourth Grade Students Following Cancer Preventive Nutrition Education*

Advisor: Dr. Bonnie Spear

University of Alabama at Birmingham, Birmingham, Alabama

Certificate of Completion, Dietetic Internship, 1992

University of Montevallo, Montevallo, Alabama

B.S. Home Economics, *Cum Laude*, 1991

PROFESSIONAL EXPERIENCE

Associate Professor & Nutrition Program Coordinator, Troy University, College of Health Sciences, School of Allied Health, Troy, Alabama, 2026 to present.

- Design educational materials and align the program with evidence-based practices
- Mentor and support students, faculty, and program staff
- Establish and maintain partnerships with community organizations to strengthen program outreach and impact
- Collect, analyze, and report data on program effectiveness
- Instruct students in Food Science, Human Nutrition, and Sport and Exercise Nutrition

Associate Professor of Dietetics, University of Montevallo, School of Health Professions, Department of Nursing and Health Sciences, Montevallo, Alabama, 2023 to 2026.

- Taught undergraduate and graduate courses in food science, nutrition, community nutrition, health education, and health promotion
- Authored and secured approval of the Master of Science in Nutrition program prospectus from the University of Montevallo Graduate Council, ACHE, and SACSCOC

Assistant Professor of Dietetics, University of Montevallo, School of Education and Human Development, Department of Health and Human Sciences, Montevallo, Alabama, 2016 to 2023.

- Taught undergraduate courses in food science, nutrition, community nutrition, foodservice management, sports nutrition, and undergraduate research

- Contributed to national recognition of the University of Montevallo Coordinated Program in Dietetics, ranked among top nutrition programs nationally (2019 to 2021), including #4 in the nation and #1 in the South
- Advised and mentored Exercise and Nutrition Science students

Consultant Dietitian, 2001 to 2018.

- Reviewed and developed nutrition education materials for children, parents, and health professionals
- Designed research methodology, nutrition assessment tools, and data analysis procedures for a school-based childhood obesity prevention program
- Provided nutrition counseling focused on pediatric wellness, food allergies, and weight management
- Created continuing education materials for public health nurses and health professionals
- Improved Head Start menus to enhance the nutritional quality of meals

Adjunct Instructor, University of Montevallo, Department of Family and Consumer Sciences, Montevallo, Alabama, 2001 to 2016 (Fall 2001, Fall 2003, Spring 2004, Fall 2005, Spring 2006 to Spring 2007, Spring 2016).

- Taught Introduction to Food Science, Introduction to Nutrition, Foodservice Systems Management, Medical Nutrition Therapy I, Medical Nutrition Therapy II, and Life Cycle and Community Nutrition
- Advised Student Dietetic Association

Assistant Professor of Nutrition, Troy State University, College of Health and Human Services, School of Nursing, Troy, Alabama, 1995 to 2000.

- Taught undergraduate nutrition courses through traditional and non-traditional means
- Advised pre-nursing students
- Provided nutritional counseling to TSU athletes

TEACHING EXPERIENCE

Troy University, Troy Campus

NUT 2211 Human Nutrition, NUT 3310 Introduction to Food Science, NUT L310 Introduction to Food Science Lab, NUT 4459 Sport and Exercise Nutrition.

University of Montevallo (In Person and Online)

EXNS 246 Community and Public Health, EXNS 310 Sports Nutrition, EXNS 311 Principles of Health Promotion and Education, EXNS 465/NTR 565 Community Nutrition I Supervised Practice, EXNS 466/NTR 566 Community Nutrition II Supervised Practice, EXNS 468/NTR 568 Foodservice Management II Supervised Practice, EXNS 471/NTR 571 Applied Research in Food Science, EXNS 485/NTR 585 Life Cycle and Community Nutrition, EXNS 495 Directed Reading and Independent Study, FCS 170 Introduction to Food Science and Preparation, FCS 281 Introduction to Nutrition, FCS 382 Foodservice Systems Management, FCS 482 Medical Nutrition Therapy I, FCS 483 Medical Nutrition Therapy II, UR 400 Undergraduate Research.

Troy State University

NSG 204 Nutrition, NSG 211 Human Nutrition, NSG 231 Nutrition, NSG 407 Clinical Nutrition.

SCHOLARSHIP AND CREATIVE ACTIVITY

Publications

DeVane Hart, K., Bryan, C.L., Spear, B., Hester, D., Geiger, B., Evans, R., & Snyder, S. (2022). HEAL United Curriculum Impact on Fitness Levels and Physical Activity Knowledge and Behaviors. *The ASAHPERD Journal*, 43(1), 2-9.

DeVane Hart, K., & Spear, B.A. (2010). The role of health professionals. In J. O'Dea & M. Eriksen (Eds.), *Childhood Obesity Prevention: International Research, Controversies, and Interventions* (pp. 258-268). New York: Oxford University Press.

Reynolds, K.D., Raczynski, J.M., Binkley, D., Franklin, F.A., Duvall, R.C., DeVane Hart, K., Harrington, K.F., Caldwell, E., Jester, P., & Fouad, M. (1998). Design of "High 5": A school-based study to promote fruit and vegetable consumption for reduction of cancer risk. *Journal of Cancer Education*, 13(3), 169-177.

Professional Presentations

Regional and State

DeVane Hart, K. (2024, April 11). Nutrition Nudges: Promoting Healthy Eating Behaviors Among Teenagers. Alabama Association of Family and Consumer Sciences Annual Meeting.

Lucero, A., & DeVane Hart, K. (2023, November). Omega-3 Fatty Acids, Mediterranean Diet, and Academic Performance in University Students. ASASPERD Fall Conference.

Veli, E., & DeVane Hart, K. (2023, November). Fueling the Athlete. ASASPERD Fall Conference.

DeVane Hart, K., & Daw, J. (2022, November). Nutrition and Mental Health. ASASPERD Fall Conference.

DeVane Hart, K. (2018, November). Nutrition for the Young Athlete. ASASPERD Fall Conference.

DeVane Hart, K. (2016, November). The Role of Nutrition in Exercise Performance. ASASPERD Fall Conference.

DeVane Hart, K. (2014, November). Weight Status and Cardiovascular Fitness Among Alabama Students in the HEAL Study. Mid-South Sociological Association Conference.

Community and Institutional

DeVane Hart, K. (2025, March 19). Meals Made Manageable: Simple Meal Planning Strategies to Save Time, Money, and Reduce Mealtime Stress. University of Montevallo Faculty & Staff Lunch and Learn.

DeVane Hart, K. (2024, April 19). Meal Planning and Grocery Shopping. Chelsea High School, Adulthood: Ready or Not Conference.

DeVane Hart, K. (2024, February 28). Heart Smart: Eating for Life. University of Montevallo Faculty & Staff Lunch and Learn.

Poster Presentations

Lucero, A. & DeVane Hart, K. (2024, March). *The Association Between Omega-3 Fatty Acids and the Mediterranean Diet on Academic Performance in University Students*. Poster presented at the annual meeting for the Alabama Dietetic Association, Montgomery, AL.

DeVane Hart, K., Culver, E., Dean, R., Olmsted, Z., Anderson, J., Cofield, J., Petitt, P. (2020, February). *Hungry for Knowledge? The Prevalence of Food Insecurity Among Students at the University of Montevallo*. Poster presented at the annual meeting for the Alabama Dietetic Association, Montgomery, AL.

Schouest, C., Phillips, J., Hurst, B., Chambers, K., Dilcher, A., Woods, A., Culver, E., Olmsted, Z., Anderson, J., DeVane Hart, K., & Petitt, P. (2019, March). *Dietary Habits Associated with Negative Body Image in College Students: A Review of Literature*. Poster presented at the annual meeting for the Alabama Dietetic Association, Montgomery, AL.

Laurance, R., Miller, M., Dilcher, A., Schouest, C., Woods, A., DeVane Hart, K., & Petitt, P. (2018, March). *Body Image Concerns Among College Students*. Poster presented at the annual meeting for the Alabama Dietetic Association, Birmingham, AL.

DeVane Hart, K., Petitt, P., Hunt, N., Phillips, J., Brooks, K., Agyin-Birikorang, A., Kinloch, K., Chambers, K., & Miller, M. (2017, March). *Dietary Supplement Use by University of Montevallo Athletes*. Poster presented at the annual meeting for the Alabama Dietetic Association, Birmingham, AL.

Directed Student Learning, University of Montevallo

Master's Thesis Committee Member, "The Effect of a Plyometric Training Program on Anaerobic Power and Time Trial Performance in Trained Collegiate Cyclists." (Spring 2025).

Student: Landon Overby

Faculty Research Advisor, Independent Research, "The Role of the Gut Microbiome in Women's Reproductive Health: Implications for PCOS, Estrogen Metabolism, and Fertility." (Spring 2025).

Advised: Erika Freire

Faculty Research Advisor, Independent Research, "Seed Cycling as Therapy to Treat Polycystic Ovarian Syndrome: A Review of Literature." (2025). Poster presented at UM Undergraduate Research Day and the Alabama Dietetic Association annual meeting.

Advised: Erika Freire

Faculty Research Advisor, McNair Scholar and UM Directed Undergraduate Research Project, "The Mediterranean Diet: Is it Special?" (2022 - 2023).

Advised: Josh Daw

Faculty Research Advisor, McNair Scholar and UM Directed Undergraduate Research Project, "The Association Between Omega-3 Fatty Acids and the Mediterranean Diet on Academic Performance in University Students." (2022 - 2023).

Advised: Alyxandra Lucero

Faculty Research Advisor, McNair Scholar and UM Directed Undergraduate Research Project, "Elevating Fiber to the Fourth Macronutrient." (2021 - 2022).

Advised: Josh Daw

Faculty Research Advisor, McNair Scholar and UM Directed Undergraduate Research Project, "Success Rates of Fad Diets in Survey Takers and the Correlation Between Age, Sex, Race, and Socioeconomic Status." (2020 - 2021).

Advised: Josh Daw

Faculty Mentor, Independent Research, "The Acceptability of Sodium Reduced Bread Using Artisan Style Techniques and Citric Acid as a Flavor Enhancer and Preservative." (2020, February). Poster presented at the annual meeting for the Alabama Dietetic Association, Montgomery, AL.

Advised: Janina Phillips

Faculty Mentor, Independent Research, "Effects of Egg Replacements in Blueberry Muffins." (2019, March). Poster presented at the annual meeting for the Alabama Dietetic Association, Montgomery, AL.

Advised: Mara Miller

Faculty Research Advisor, McNair Scholar and UM Directed Undergraduate Research Project, "The Initial Effects of Caffeine on Blood Pressure and Heart Rate When Ingested Through Coffee, in Humans." Oral presentation at McNair Scholars Presentation (2018) and University of Montevallo Undergraduate Research Day (2019); poster presented at McNair Southeastern Association of Educational Opportunity Program Personnel (SAEOPP) Conference (2019).

Advised: Justin Barrick

Faculty Research Advisor, McNair Scholar and UM Directed Undergraduate Research Project, "Sleep and Academic Success." Presented at McNair Scholars Presentation (2017) and University of Montevallo Undergraduate Research Day (2018).

Advised: Haley Nichols

SERVICE TO PROFESSIONAL DISCIPLINE

- University of Alabama at Birmingham Dietetic Education Program Advisory Board, 2026 to present
- University of Montevallo Coordinated Program in Dietetics Advisory Board, 2026 to present

- Alabama Obesity Task Force, 2021 to present
- Sowers of Seed: Executive Board, 2016 to 2019; Volunteer, 2014 to 2019
- Alabama Dietetic Association: Board of Directors, 1997 to 2004; Nominating Chair, 2000 to 2001; Scholarship Committee, 2002 to 2004; Bylaws Chair, 2004
- Southeast Alabama Dietetic Association: Nutrition Seminar Chairperson, 1997; President-Elect, 1998; President, 1999
- Pike County Eating Disorder Task Force: Charter Member, 1997 to 2000
- Healthy Alabama 2000 Nutrition Coalition: Member, 1994 to 2000; Vice-Chair, 1995
- Birmingham Dietetic Association: Board of Directors, 1994 to 1995

UNIVERSITY/COLLEGE/DEPARTMENTAL SERVICE

University of Montevallo

- Chair, EXNS Scholarship Committee
- Member, Health Humanities Minor Development Team
- Member, University Library Committee
- Member, Undergraduate Research Committee
- Member, Basic Needs Task Force
- Member, Hattie Farmer Lecture Committee
- Sponsor, Student Dietetic Association and Community Service Group
- Sponsor, *I Am Second* student organization
- Social Media Manager, Exercise and Nutrition Science program

Troy State University

- Member, Educational Resource Committee, Library Advisory Committee, and Homecoming Committee

AWARDS

- Ruth Stovall Outstanding Alum Award, Family and Consumer Sciences Program, College of Education and Human Development, University of Montevallo, 2026
- Ernest Outstanding Commitment to Teaching Award, College of Education and Human Development, University of Montevallo, 2023
- Student Life Advisor of the Year, University of Montevallo, 2019
- Young Dietitian of the Year, 2000

CERTIFICATIONS/MEMBERSHIPS

- Registered Dietitian Nutritionist, Academy of Nutrition and Dietetics (1992 to present)
- Licensed Dietitian Nutritionist, State of Alabama (1992 to present)
- Member of the Academy of Nutrition and Dietetics (1991 to present), including:
 - Food and Culinary Professionals Dietetic Practice Group (2018 to present)
 - Sports, Cardiovascular, and Wellness Nutrition Dietetic Practice Group (2016 to present)
 - Nutrition and Dietetics Educators and Preceptors (2018 to present)
 - Public Health/Community Practice Group (2017 to 2018, 2025 to present)
 - Religion Interest Group (2021 to present)
 - Pediatric Nutrition Dietetic Practice Group (1993 to 2005)
- Member of the Alabama Dietetic Association (1991 to present)

- Member of the Alabama State Association for Health, Physical Education, Recreation, and Dance (2016 to present)
- Member of the Birmingham Dietetic Association (1991 to 1995, 2005 to 2010)
- Member of the Southeast Alabama Dietetic Association (1996 to 2000)