

Izzy Sellers

Age: 14, Grade: 9

School Name: Altamont School, Birmingham, AL

Educator: Katherine Berdy

Category: Poetry

Silent Screaming Pleads

Wake Up
Get ready, sometimes eat
Go to School
Come home, more schoolwork
Eat something
Go to bed at 2 am

And the cycle repeats
Again...
And again...
And again...

Hello there, you've been entered into the life of a student,
And it's considered a norm, but why do we feel so torn, wishing we weren't
Born

In between we're silently pleading for freedom.
Silently screaming every night praying to escape from this robotic lifestyle

They've determined our worth on a grade
And wonder why we complain,

While sitting in class
Our minds want to dance
But we're chained onto seats,
While we're struggling to breathe,
Our mouths are covered with duct tape, so no one pays attention to our muffled
Screams
We've done what we can,
We tried our best to get their validation
But when we fall short of their expectations
We are seen as nothing more than another disappointment

But then again, we are not the ones who created the system
The only way for a change is for you to take a step forward
So let me ask you,
Will you save us or keep ignoring us?