

Information found on page 111 of the 2021-2022 catalog has been revised. The following changes have been made to the Health Promotion Program:

HEALTH PROMOTION PROGRAM (120-122 HOURS)

Area V Requirements

IS 2241	(3)	Computer Concepts and Applications
TROY 1101	(1)	The University Experience
KHP 2200	(1)	Health Concepts
KHP 2202	(2)	First Aid and Safety and CPRO
KHP 2240	(3)	Personal and Community Health

Select two hours of physical activity courses.

Select seven hours of adviser-approved electives or courses to meet prerequisites not already taken in Area IV such as SOC 2275.

Major requirements (42 hours)

HSTM 2201	(3)	Leisure in Society
KHP 2211	(3)	Human Nutrition
KHP 2251	(3)	Instructional and Theoretical Practices in Physical Education
KHP 2260	(2)	Applied Fitness Concepts
KHP 3303	(3)	Testing and Statistical Interpretation
KHP 3310	(3)	Introduction to Food Science
KHP L310	(1)	Introduction to Food Science Lab
KHP 3316	(3)	Community Nutrition
HSTM 3340	(3)	Principles of Recreation
KHP 3350	(3)	Psychology of Wellness
HS 3370	(3)	Professional Interviewing Skills
HS 3375	(3)	Diversity
KHP 3360	(3)	Physiological Principles of Body Systems
KHP 4427	(3)	Health and Fitness Education
KHP 4458	(3)	Lifecycle Nutrition

Select ONE of the following minors:

Exercise Science Minor (18 hours)

KHP 3352	(3)	Kinesiology
KHP 4459	(3)	Sport and Exercise Nutrition
KHP 4474	(3)	Exercise Physiology
KHP L474	(1)	Exercise Physiology Lab
KHP 4475	(3)	Exercise Testing
KHP 4488	(3)	Cardiovascular Physiology
KHP 4476	(2)	Laboratory Practicum

Health Promotion Minor (18 hours)

KHP 3352	(3)	Kinesiology
KHP 4405	(3)	Physical Activity and Disease Prevention
KHP 4427	(3)	Health and Fitness Education*
KHP 4459	(3)	Sport and Exercise Nutrition

KHP 4474 (3) Exercise Physiology
KHP L474 (1) Exercise Physiology Lab

Select an additional two hours of adviser-approved courses

**Another course will need to be adviser-approved to substitute as this course is required in the major requirements*

Coaching Minor (18 hours)

KHP 3395 (2) Care and Prevention of Athletic Injuries
KHP 3352 (3) Kinesiology
KHP 4460 (3) Principles of Strength and Conditioning
KHP L460 (1) Principles of Strength and Conditioning Lab
KHP 4459 (3) Sport and Exercise Nutrition
KHP 4410 (3) Motor Development
PSY 2210 (3) Developmental Psychology