

Information for the Health and Wellness Promotion Program found on page 100 in the 2019-2020 catalog is incorrect. The correct information listed below:

B.S. HEALTH PROMOTION PROGRAM (120-122 HOURS)

Area V Requirements (18 hours)

| | | |
|-----------|-----|------------------------------------|
| IS 2241 | (3) | Computer Concepts and Applications |
| TROY 1101 | (1) | University Orientation |
| KHP 2200 | (1) | Health Concepts |
| KHP 2202 | (2) | First Aid and Safety and CPRO |
| KHP 2240 | (3) | Personal and Community Health |

Select two hours of physical activity courses.

Select seven hours of adviser-approved electives or courses to meet prerequisites not already taken in Area IV such as SOC 2275.

Major Requirements (42 hours)

| | | |
|-----------|-----|--|
| KHP 2211 | (3) | Human Nutrition |
| KHP 2251 | (3) | Foundations of Physical Education and Health |
| KHP 2260 | (2) | Applied Fitness Concepts |
| HTSM 3301 | (3) | Social Psychology of Leisure |
| KHP 3310 | (3) | Introduction to Food Science |
| KHP L310 | (1) | Introduction to Food Science Lab |
| KHP 3316 | (3) | Community Nutrition |
| HTSM 3340 | (3) | Principles of Recreation |
| KHP 3350 | (3) | Psychology of Wellness |
| SOC 3365 | (3) | Sociology of Sport |
| HS 3370 | (3) | Professional Communication Skills |
| KHP 3391 | (3) | Testing and Statistical Interpretation |
| KHP 4427 | (3) | Health Behavior |
| KHP 4442 | (3) | Health Education |
| KHP 4458 | (3) | Lifecycle Nutrition |

Select ONE of the following minors:

Exercise Science Minor (18 hours)

| | | |
|----------|-----|---|
| KHP 3352 | (3) | Kinesiology |
| KHP 4459 | (3) | Sport and Exercise Nutrition |
| KHP 4474 | (3) | Exercise Physiology |
| KHP L474 | (1) | Exercise Physiology Lab |
| KHP 4475 | (3) | Exercise Testing |
| KHP 4488 | (3) | Issues and Practice in Cardiac Rehabilitation |
| KHP 4476 | (2) | Laboratory Practicum |

Health Promotion Minor (18 hours)

| | | |
|----------|-----|--|
| KHP 3352 | (3) | Kinesiology |
| KHP 4405 | (3) | Physical Activity and Disease Prevention |
| KHP 4427 | (3) | Health Behavior* |
| KHP 4459 | (3) | Sport and Exercise Nutrition |
| KHP 4474 | (3) | Exercise Physiology |
| KHP L474 | (1) | Exercise Physiology Lab |

Select and additional two hours of adviser-approved courses.

*Another course will need to be adviser-approved to substitute as this course is required in the major requirements.

Coaching Minor (18 hours)

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|----------|-----|---|
| KHP 3395 | (2) | Care and Prevention of Athletic Injuries |
| KHP 3352 | (3) | Kinesiology |
| KHP 4460 | (3) | Principles of Strength and Conditioning |
| KHP L460 | (1) | Principles of Strength and Conditioning Lab |
| KHP 4459 | (3) | Sport and Exercise Nutrition |
| KHP 4410 | (3) | Motor Development |
| PSY 2210 | (3) | Developmental Psychology |