

| 1ST YEAR | | | | |
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| 1ST SEMESTER | HRS | 2ND SEMESTER | HRS | SUMMER SEMESTER |
| TROY 1101 | 1 | ENG 1102/04 | 3 | SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE RETAKEN |
| ENG 1101/03 | 3 | BIO 1101/L101 OR APPROVED COURSE | 3/1 | |
| MTH 1112 | 3 | CHM 1142/L142 | 3/1 | |
| BIO 1100/L100 | 3/1 | AREA IV HIS COURSE | 3 | |
| AREA II FINE ARTS COURSE | 3 | | | |
| TOTAL | 14 | TOTAL | 14 | |
| 2ND YEAR | | | | |
| 3RD SEMESTER | HRS | 4TH SEMESTER | HRS | SUMMER SEMESTER |
| CHM 1143/L143 | 3/1 | PHY 2252/L252 | 3/1 | SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE RETAKEN |
| AREA II LIT COURSE | 3 | PSY 2210 | 3 | |
| BIO 2220 | 3 | IS 2241 | 3 | |
| PSY 2200 | 3 | BIO 3347/L347 | 3/1 | |
| KHP 1142 | 1 | KHP ACTIVITY COURSE | 1 | |
| TOTAL | 14 | TOTAL | 15 | |
| 3RD YEAR | | | | |
| 5TH SEMESTER | HRS | 6TH SEMESTER | HRS | SUMMER SEMESTER |
| PHY 2253/L253 | 3/1 | STAT 2210 | 3 | SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE RETAKEN |
| BIO 3348/L348 | 3/1 | KHP 4474/L474 | 3/1 | |
| AREA II HUM/FA COURSE (LIT COURSE DR) | 3 | KHP 3352 | 3 | |
| SOC 2275 | 3 | KHP 4425 | 3 | |
| KHP 2202 | 2 | PSY 3304 OR PSY 4421 | 3 | |
| TOTAL | 16 | TOTAL | 16 | |
| 4TH YEAR | | | | |
| 7TH SEMESTER | HRS | 8TH SEMESTER | HRS | SUMMER SEMESTER |
| KHP 4475 | 3 | KHP 4476 | 2 | SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE RETAKEN |
| KHP 4496/L496 | 3/1 | KHP 4488 | 3 | |
| KHP 3372/L372 | 3/1 | KHP 4459 | 3 | |
| KHP 2211 | 3 | KHP 4495 | 3 | |
| KHP 3345 | 1 | KHP 4497 | 1 | |
| KHP 3394 | 1 | AREA II HUM/FA COURSE | 3 | |
| TOTAL | 16 | TOTAL | 15 | |
| 5TH YEAR | | | | |
| 9TH SEMESTER | HRS | | | |
| KHP 4498 | 3 | | | |
| TOTAL | 3 | | | |
| MINIMUM HOURS REQUIRED FOR DEGREE | | | | 123 |

COMPLETE ALL 6 SUB-REQUIREMENTS

(63 HOURS)

A. AREA I:

TAKE THE FOLLOWING COURSES:

MINIMUM GRADE OF "C" REQUIRED

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| ENG 1101 | COMP AND MODERN ENGLISH I | 3 HOURS |
| ENG 1102 | COMP AND MODERN ENGLISH II | 3 HOURS |

B. AREA II:

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| TAKE ANY 1000-2000 LEVEL COURSE IN LITERATURE | 3 HOURS |
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| TAKE ANY 1000-2000 LEVEL COURSE WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN FINE ARTS, INCLUDING THE DISCIPLINES OF ART, MUSIC, THEATRE, FILM, OR OTHER FINE ARTS AREA. | 3 HOURS |
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| TAKE ANY TWO 1000-2000 LEVEL COURSES WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN THE HUMANITIES/FINE ARTS DISCIPLINES, INCLUDING ENGLISH, FOREIGN LANGUAGES, RELIGION, PHILOSOPHY, CLASSICS, THEATRE, MUSIC, DANCE, COMMUNICATION, SIGN LANGUAGE, INTERDISCIPLINARY STUDIES, OR OTHER HUMANITIES/FINE ARTS AREAS. | 6 HOURS |
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C. AREA III:

TAKE THE FOLLOWING COURSES:

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| BIO 1100/L100 PRINCIPLES OF BIOLOGY W/LAB | 4 HOURS |
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| CHM 1142/L142 GENERAL CHEMISTRY I W/LAB | 4 HOURS |
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| TAKE MTH 1112 OR HIGHER ("C" OR BETTER) | 3 HOURS |
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NOTE: STUDENTS WHO PLAN TO APPLY TO A GRADUATE HEALTH PROFESSIONS PROGRAM SHOULD TAKE MTH 1114

D. AREA IV:

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| TAKE ANY 1000-2000 LEVEL COURSE WITH A PRIMARY FOCUS IN HISTORY | 3 HOURS |
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TAKE THE FOLLOWING COURSES:

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| PSY 2200 | GENERAL PSYCHOLOGY | 3 HOURS |
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| PSY 2210 | DEVELOPMENTAL PSYCHOLOGY | 3 HOURS |
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| SOC 2275 | INTRODUCTION TO SOCIOLOGY | 3 HOURS |
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E. AREA V:

TAKE THE FOLLOWING COURSES:

MINIMUM GRADE OF C REQUIRED

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| IS 2241 | COMPUTER CONCEPTS & APPLICATIONS | 3 HOURS |
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| TROY 1101 | THE UNIVERSITY EXPERIENCE | 1 HOUR |
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| KHP 1142 | BEGINNING WEIGHT TRAINING (F, SP, SUM) | 1 HOUR |
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| TAKE KHP 2242 OR ANY 1000-2000 LEVEL KHP ACTIVITY COURSE | 1 HOUR |
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| STAT 2210 | INTRODUCTORY STATISTICS | 3 HOURS |
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| BIO 2220 | PRINCIPLES OF CELL BIOLOGY | 3 HOURS |
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| KHP 2202 | FIRST AID, SAFETY, CPR (F, SP, SUM) | 2 HOURS |
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| KHP 2211 | HUMAN NUTRITION (F, SP, SUM) | 3 HOURS |
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| KHP 3345 | MEDICAL TERMINOLOGY (T1-T5) | 1 HOUR |
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| KHP 3394 | LIFTING TECHNIQUES | 1 HOUR |
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TAKE ONE OF THE FOLLOWING COURSES:

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| PSY 3304 | ABNORMAL PSYCHOLOGY | 3 HOURS |
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| PSY 4421 | PHYSIOLOGICAL PSYCHOLOGY | 3 HOURS |
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EXERCISE SCIENCE PROGRAM

(40 HOURS)

MINIMUM 2.0 OVERALL GPA REQUIRED

TAKE THE FOLLOWING COURSES:

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| BIO | 3347/L347 | HUMAN ANATOMY & PHYSIOLOGY I W/LAB | 3/1 HOURS |
| BIO | 3348/L348 | HUMAN ANATOMY & PHYSIOLOGY II W/LAB | 3/1 HOURS |
| KHP | 3352 | KINESIOLOGY (F, SP, SUM) | 3 HOURS |
| KHP | 4459 | SPORT & EXERCISE NUTRITION (F, SP, SUM) | 3 HOURS |
| KHP | 4474/L474 | EXERCISE PHYSIOLOGY W/LAB (F, SP, SUM) | 3/1 HOURS |
| KHP | 4475 | EXERCISE TEST & PRESCRIPTION (F, SP, SUM) | 3 HOURS |
| KHP | 4476 | LAB PRACTICUM EXERCISE PERFORMANCE (F, SP, SUM) | 2 HOURS |
| KHP | 4488 | CARDIOVASCULAR PHYSIOLOGY (F, SP, SUM) | 3 HOURS |
| KHP | 4495 | ADVANCED EXERCISE PHYSIOLOGY (F, SP) | 3 HOURS |
| KHP | 4496/L496 | BIOMECHANICS W/LAB (F, SP) | 3/1 HOURS |
| KHP | 4497 | SENIOR SEMINAR IN EXERCISE (F, SP) | 1 HOUR |
| KHP | 4425 | PATHOPHYSIOLOGY (F, SP, SUM) | 3 HOURS |
| KHP | 4498 | INTERNSHIP IN EXERCISE SCIENCE (F, SP, SUM) | 3 HOURS |

PRE-HEALTH PROFESSIONS CONCENTRATION

(20 HOURS)

TAKE THE FOLLOWING COURSES:

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| BIO | 3372/L372 | MICROBIOLOGY W/LAB | 3/1 HOURS |
| CHM | 1143/L143 | GENERAL CHEMISTRY II W/LAB | 3/1 HOURS |
| PHY | 2252/L252 | GENERAL PHYSICS I W/LAB | 3/1 HOURS |
| PHY | 2253/L253 | GENERAL PHYSICS II W/LAB | 3/1 HOURS |

TAKE ONE OF THE FOLLOWING COURSES COMBINATIONS:

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| BIO | 1101/L101 | ORGANISMAL BIOLOGY W/LAB | 3/1 HOURS |
| OR | | | |
| KHP | 3360 | PHYSIOLOGICAL PRINCIPLES OF BODY SYSTEMS (F, SP, SUM A) | 3 HOURS |
| KHP | 2200 | HEALTH CONCEPTS | 1 HOUR |
| OR | | | |
| KHP | 4460 | PRINCIPLES OF STRENGTH & CONDITIONING (F, SP) | 3 HOURS |
| KHP | L460 | PRINCIPLES OF STRENGTH & CONDITIONING LAB (F, SP) | 1 HOUR |