

**Katie Womack, LMSW**  
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## *Curriculum Vitae*

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### **EDUCATION:**

<b>May 2014</b>	<b>Bachelor's of Science, Social Work</b> Troy University	Phenix City, AL
<b>July 2016</b>	<b>Master of Social Work</b> Troy University	Phenix City, AL

### **ACADEMIC APPOINTMENTS:**

<b>2018- Present</b>	<b>Troy University</b> Department of Social Work Lecturer
<b>2017-2018</b>	<b>Troy University</b> Department of Social Work Adjunct Instructor

### **TEACHING EXPERIENCE:**

HS 3310, Human Behavior in the Social Environment I  
HS 3399, Pre-Practicum Seminar  
HS 4400, Human Service Field Experience  
SWK 3301, Children and Family Service  
SWK 3320, Human Behavior in the Social Environment II  
SWK 3390, Social Work With Individual  
SWK 4471, Social Work With Groups  
SWK 4472, Social Work With Organizations and Communities  
SWK 4480, Pre-Practicum Seminar  
SWK 4482, Social Work Practicum II  
SWK 4483, Social Work Practicum II  
SWK 6604, Human Behavior in Social Environment I  
SWK 6605, Human Behavior in Social Environment II  
SWK 6696, Found Practicum, Seminar I  
SWK 6697, Found Practicum, Seminar II  
SWK 6698, Found Practicum, Seminar III

SWK 7703, Direct Practice Evaluation  
SWK 7740, Social Work Practice With Children and Adolescents  
SWK 7769, Adv Direct Practice Senior Seminar  
SWK 7796, Concentration Practicum I  
SWK 7797, Concentration Practicum II  
SWK 7798, Concentration Practicum III

## **PROFESSIONAL EXPERIENCE:**

2018- Present *Troy University*  
**Lecturer**

2017-2018 *Troy University*  
**Adjunct Instructor**

2017-2018 *Bethany Christian Services*  
**ADOPTS Therapist/ Area Social Worker**

- Serves as an adoption counselor providing ADOPTS therapy to pre and post adoptive families whose children have experienced complex trauma to provide attachment interventions, trauma treatment, and to enhance social/emotional functioning
- Supervise and oversees competency requirements for Practicum interns.
- Serves as recruitment specialist to new foster care and foster care adoptive families by providing education through community enrichment activities
- Serves as licensing and training specialist by providing trainings to new foster care and foster care adoptive families through the orientation stage and IMPACT training.
- Complete home assessments and write home studies for licensed foster and pre adoptive families
- Serve as foster care specialist by providing foster home supervision and case monitoring
- Attend court hearings and proceedings, panel reviews and other such activities affecting the welfare of a child in care, while maintaining regular contact with the DFCS case manager.

2016-2017 *Alabama Pre/Post Adoption Connects, Children's Aid Society of Alabama*  
**Family Support Worker**

- Coordinates Parent and Children's Support Groups in response to client needs in assigned regional area; obtaining locations and recruiting, interviewing, and contracting facilitators and childcare providers for groups; attends/monitors groups; assists in development and implementation of social and educational activities for adoptive families; serves as an advocate for adoptive families, serves as parent therapist and child group therapist.
- Develops, schedules, and conducts trainings on adoption and trauma related topics; seeks opportunities for presentations at conferences and professional meetings; participates in outreach and recruitment efforts.
- Assists in developing and maintaining relationships with DHR directors and social workers in each county to facilitate referrals and to solicit feedback regarding quality of

service; assists in the development of regional contacts to identify resources and activities appropriate for adoptive families.

- Assists in developing themes and content, writing articles, and distributing quarterly statewide newsletters and other regional mailings, providing editorial review prior to submissions.
- Supervises and provides oversight for BSW and MSW Practicum Interns
- Attends and actively participates in Camp APAC, the annual Permanency Conference, Trained Therapist Network workshop, and other selected special events as needed; attends and participates in all regional staff meetings, quarterly APAC All Staff meetings, and CAS Annual All Staff Meeting. .
- Maintains an active caseload of APAC adoptive families, providing support to family members through implementation of a Family Advocate role; assists families in developing and achieving their Personal and/or Professional Development Plan; connects families with appropriate resources; facilitates family involvement with APAC Counselor; participates in regular team meetings to share concise and meaningful input and planning; follows APAC protocol for support services with Post GPS families.

#### *2015-2017 Diversified Consulting Services*

##### **Individual and Family Counselor**

- Provides therapeutic treatment services to current DFCS clients. Conduct Parental Functioning, Substance Abuse, and Domestic Violence Assessments.
- Perform individual and family home-based therapy with the goal of maintaining intact families and improving family functioning.
- Develop and writes assessments, treatment plans, and progress notes.
- Provide parent-child interaction therapy, parenting skills, and therapeutic interventions focusing on the social and personal development of children with behavioral problems.

#### *2015-2016 Easter Seals West Georgia*

##### **Family Support Manager**

- Coordinator for the following programs for individuals and families of children and adults with special needs: Champions for Children (grant providing financial assistance to families denied the Katie Beckett waiver), Assistive Technology Grant (grant providing assistive technology devices to aide in early intervention practices in the home), Specialized Medical Supplies/Equipment (program funded by Medicaid providing supplies to qualifying adults with disabilities), and Community Access Individuals (CAI program - Medicaid program assisting adults with disabilities through one-on-one activities in the community)
- Supervisor of CAI program. Supervise line staff by articulating expectations, displaying model behavior, maintaining open lines of communication and being clear about roles and relationships.
- Assists in the management of fiscal operations including budget development and modifications. Tracks expenditures and provides monthly reports to state agencies and funding partners. Continually monitors the program's financial health and makes recommendations to the CEO and Program Director. Increased participants served by

more than 50 % in 6 months in Specialized Medical Supplies program and the Assistive Technology grant.

- Assists with the development of public relations and communications strategies to support program goals and increase state's awareness of services. Advocate for Champions for Children program with state legislators at the capitol.

2014-2015 *Department of Family and Children Services*  
**Social Services Protect and Placement Specialist**

- Initiates timely, face-to-face responses to screened-in reports of alleged child maltreatment and conducts assessments that identify and address safety concerns.
- Addresses identified safety concerns by immediately developing and implementing safety plans.
- Conducts diligent search efforts to locate the child/family when unable to make contact.
- Partners with child(ren) and parents in the development and utilization of the Family Functioning Agreement, Action Plan, and Family Plan to achieve desired individual and family-level outcomes.
- Collaborates with community partners to create systems of support for children and families.
- Identifies the physical, educational, and mental/behavioral health needs of children, parents, and foster parents and ensures identified needs were effectively addressed.
- Establishes permanency goals for the child(ren)
- Ensures foster care placements and/or living situations are stable and in the best interests of the child(ren) and are consistent with achieving established permanency goal(s).
- Makes concerted efforts to achieve permanency for children in a timely manner and consistent with regulations contained in the Adoptions and Safe Families Act.

**CERTIFICATIONS, HONORS, AND AWARDS:**

Certified Safe Home Study Practitioner	2018
Certified IMPACT Trainer	2017
Phi Alpha National Honor Society	2016

**PEER REVIEWED PRESENTATIONS:**

Womack, K. (2021). Unpacking the Savior Complex in Adoption and Foster Care. Illuminated Expressions, Presented virtual CE training.

Womack, K. (2017). Importance of Healthy Attachments. Alabama Pre/Post Adoption Connections, Presented to DHR Foster Parent Training.

Womack, K. (2017). Trauma Informed Parenting. Alabama Pre/Post Adoption Connections, DHR Foster Parent Training, Phenix City, Alabama.

Womack, K. (2017). Adoption and APAC Services. Presented to the Alabama Foster and Adoptive Parent Association Conference, Shocco Springs, Alabama.

Womack, K. (2017). Trauma Informed Parenting. Alabama Pre/Post Adoption Connections, DHR Foster Parent Training, Coffee County, Alabama.

Womack, K. (2017). Preparing For and Adjusting To Adoption. Alabama Pre/Post Adoption Connections, DHR Foster Parent Training, Elmore County, Alabama.

Womack, K. (2017). Trauma and the Adolescent Brain. Presented to the providers of Serajj Family Homes, Montgomery, Alabama.

Sexton, J., **Womack, K.** (2016). Twenty Things Adopted Children Wish Their Adoptive Parents Knew. Alabama Pre/Post Adoption Connections, Montgomery, Alabama.

**UNIVERSITY COMMITTEES:**

Alumni Relations Committee  
Continuing Education Committee  
BSW Admissions and Recruitment Committee  
Field Education Committee  
MSW Admissions and Recruitment Committee  
BSW Application Review Committee  
MSW Application Review Committee  
Student Engagement Committee  
Student Organization Sponsorship Committee  
Phenix City Campus Scholarship Committee  
Adjunct Selection Committee 2021-2022  
Curriculum Committee 2021-2022  
Black History Month Art Exhibit Committee 2022

**PROFESSIONAL AFFILIATIONS:**

Local Interagency Coordinating Council 2016  
Believe Foster Care Coalition. 2017-2018  
Continuous Quality Improvement (CQI) Board Member 2014-2015