

Amy E. Cox

CURRICULUM VITAE

PRESENT POSITION:

MSW Program Director, Assistant Professor
College of Health & Human Services
Troy University
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EDUCATION

Date	Degree	Department	Institution
1997	B.Sc.	Secondary Education	Troy University
2016	MSW	Social Work	Troy University
2020	PhD	Sport Management	Troy University
2016	Current	Licensed Master of Social Work (LMSW)	

RESEARCH/GRANTS/PUBLICATIONS

Hogan, D. V., **Cox, A. E.**, & Adams, A. B. (submitted). Understanding the current mental health landscape from student-athlete perspectives. *Journal of Issues in Intercollegiate Athletics*.

Cox, A. E., Hussey, J., & Lewis, O. (submitted). *Troy University College of Health Sciences Health Camp for 5th Graders*. Wiregrass RC&D Grant Application FY 2027.

Cox, A. E., & Beasley, L. (in progress). Identifying the efficacy of mental health literacy training in sports.

Cox, A. E., Coppus, T. A., & Delinsky, L. K. (2026). Mental health and sports: Professional education recommendations for Council of Sport Management Accreditation principles. *Sport Management Education Journal*.

Boyas, J., **Cox, A. E.**, & Lewis, O. (Feb 2024-Jan 2025). *Baptist Bottoms Community Needs Assessment*. Dothan Housing Authority, Dothan, AL.

McCoy, L., Boyas, J., Moon, S. S., Robinson, M. A., Lewis, O., & **Cox, A. E.** (2024, December

15). Co-occurring factors associated with suicidal ideation among individuals with parole involvement: A classification and regression tree analysis. *Journal of Health and Social Sciences*, 9(4), 535-550.

Military Task Force. (2024). *Specialized practice curricular guide for military and veteran social work*. 2022 EPAS Curricular Guide Resource Series. Council on Social Work Education.

Cox, A. E., Coppus, T. A., & Delinsky, L. K. (2024, not funded). *Improving mental health literacy training and requirements for athletic trainers*. Southeast Athletic Trainers Association Grant.

Cox, A. E. & Sluder, J. B. (2024, not funded). *Increasing mental health awareness in rural collegiate athletic systems*. NCAA Innovations in Research and Practice Grant Program.

Beasley, L., **Cox, A. E.**, & Hardin, R. (2023, October). Incorporating mental health literacy into the sport management curriculum. *Sport Management Education Journal*.
<https://doi.org/10.1123/smej.2022-0036>

Field Task Force Committee. (2023, Fall). *Field education manual*. Alliance of Social Workers in Sports. https://www.aswis.org/_files/ugd/01c26b_3e77ed9610234a0aa24d1de6282edbc0.pdf

Cox, A. E., Beasley, L., & Hardin, R. (2022, February). Applications of social work theory to sport management curriculum: Ecological systems theory. *Sport Management Education Journal*, 16(1), 116-120. <https://doi.org/10.1123/smej.2020-0084>

Cox, A. E. & Sluder, J. B. (2021, not funded). *Increasing mental health awareness in collegiate athletic systems: Removing the stigma*. NCAA Innovations in Research and Practice Grant Program/.

Cox, A. E. (Dissertation Defended, October 2020). *Identities of NCAA Athletic Directors and the presence of transgender inclusion policies for student-athletes*. Troy University, Troy, AL.

BOOK CHAPTERS

Cox, A. E., Beasley, L., & Hardin, R. (accepted). Ecological systems theory. In G. Abeza, J. R. Braunstein-Minkove, N. O'Reilly, & K. Agyemang (Eds.), *Theory in Sport Management: Insights and Applications*.

Cox, Amy E. & Waller, R. J. (2017). Reversing the outcomes for US military families: From resilience to risk during a protracted armed conflict. *Mental Health Promotion in Schools: VolIII/Special Topics, Special Challenges*. pp. 279-302. Bentham Science Publishers.

PROFESSIONAL PRESENTATIONS & PANEL DISCUSSIONS

Cox, A. E., & Lewis, O. (2025, October). *Ready or not? Exploring accessibility and initiatives related to college students & mental health*. [Conference presentation]. Council of Social Work Education, Denver, CO.

Cox, A. E., & Beasley, L. (2025, March). *It's just a checkbox*. [Conference presentation]. 2025 College Sport Research Institute, Columbia, SC

Cox, A. E., & Lewis, O. (2025, February). *Exploring the intersection of social work ethics and ADEI* [Conference presentation]. 2025 Alabama Conference of Social Work, Orange Beach, FL

Cox, A. E., Coppus, T., & Delinsky, L. K. (2025, January). *Mental health and sports: Professional education recommendations for Commission on Sport Management Accreditation*. [Conference presentation]. Commission on Sport Management Accreditation Conference – Las Vegas, NV

Gibson, K., Beasley, L., Cox, A. E., & Wilson, K. (2024, April). *Growing sports social work through field opportunities: Important consideration for students, faculty, and practitioners*. [Conference presentation]. National Association of Social Workers – AL Conference, Tuscaloosa, AL.

Cox, A. E., & Lewis, O. (2024, February). *Student-athletes and mental health: Issues, impacts, and best practices* [Conference presentation]. 2024 Alabama Conference of Social Work, Orange Beach, FL

Cox, A. E. (2023, November). *Unique challenges impacting military families*. [Conference presentation]. Social Work-Counseling Professional Education – Troy University, Dothan, AL

Beasley, L., Cox, A. E., & Hardin, R. (2023, February). *Incorporating mental health literacy into the sport management curriculum*. Commission on Sport Management Education, Tampa, FL.

Cox, A. E. (2023, November). *Intentional careers in affordable housing* [Symposium panelist]. 2023 Affordable Housing Symposium – Dothan Housing Authority, Dothan, AL.

Beasley, L., Cox, A. E., & Hardin, R. (2023, February). *Incorporating mental health literacy into the sport management curriculum* [Conference presentation]. 2023 Commission on Sport Management Accreditation Conference, Tampa, FL.

Beasley, L., Clark, G. W., Cox, A. E., & Gibson, K. (2022, October). *Social work field placements in sport: Challenges and opportunities* [Conference panelist]. 2024 The Alliance of Social Workers in Sports Symposium. Indianapolis, IN

Cox, A. E., & Lewis, O. (2022, February). *College students and mental health: Issues, impacts and recommendations* [Conference presentation]. 2022 Alabama Conference of Social Work (ACSW), Orange Beach, FL

Cox, A. E. (2022, November). *Self-sufficiency* [Symposium panelist]. 2022 Affordable Housing Symposium – Dothan Housing Authority, Dothan, AL.

Cox, A. E. (2020, April 3). *Identities of NCAA Athletic Directors and the presence of transgender inclusion policies for student-athletes* [Conference presentation]. College of Education Research Conference, Troy, AL.

Cox, A. E., & Cureton, J. S. (2020, February 21). *Combat Veterans: Issues, impacts, and recommendations* [Conference presentation]. Alabama Conference of Social Work (ACSW), Orange Beach, AL.

Cox, A. E., & Beasley, L. (2019, February). *Making a case for SWK in Sport Management curriculum* [Conference presentation]. Commission on Sport Management Accreditation (COSMA), Atlanta, GA.

Cox, A. E. (2018, October). *Transgender student-athletes: Legal and social* [Conference presentation]. North American Society for the Sociology of Sport (NASSS), Vancouver, Canada

Cox, A. E., & Ellis, S. (2017, October). *Athletes and eating disorders: Biopsychosocial impacts* [Conference presentation]. 3rd Annual Social Work in Sports Symposium (NASWIS), Dallas, TX

Cox, A. E. (2017, April). *Military families: Increasing social work awareness & response* [Conference presentation]. National Association of Social Work (NASW) - AL Annual Conference, Tuscaloosa, AL

Cox, A. E. (2016, October). *Military family risk & resiliency factors* [Conference presentation]. 45th Annual AL/MS SWK Education Conference, Phenix City, AL

ARTICLE & BOOK REVIEWS

Cox, A. E. (2026, June). Journal of Issues in Intercollegiate Athletics. [Review of article *Athletic stress and burnout symptoms in college athletes: The development of the College of Athletic Stress Scale*].

Cox, A. E. (2026, March). Journal of Intercollegiate Sport. [Review of article *The mental health literacy of NCAA sport administrative employees*].

Cox, A. E. (2025, September). Clinical Social Work Journal [Review of article *Working through unrealistic goal syndrome: Using a key bridging question*].

Cox, A. E. (2025, August). Journal of Issues in Intercollegiate Athletics [Review of article *Problematic cannabis use in student athletes and non-athletes: Associations with mental health*].

Cox, A. E. (2025, July). Journal of Issues in Intercollegiate Athletics [Review of article *NCAA division I senior athletic administrators' perceptions of and experiences with mental performance consultants and their services: A qualitative investigation*].

Cox, A. E. (2025, May). Journal of Issues in Intercollegiate Athletics [Review of article *A multi-case study exploring NCAA division I athletic departments' mental health culture*].

Cox, A. E. (2025, February). Journal of Issues in Intercollegiate Athletics [Review of article *Recruiting rape culture? Athletes, coercion, and rape myths*].

Cox, A. E. (2024, July). Journal of Intercollegiate Sport [Review of article *Identifying Barriers to Mental Health Care for Canadian Student-Athletes: A Narrative Approach*].

Cox, A. E. (2023, February). Sport Social Work Journal: Special Issue [Review of article *Collaborative and interdisciplinary teaching in sport and exercise: Lessons from the development and delivery of an equity, diversity, and inclusion workshop*].

Cox, A. E. (2023, June). Society for Social Work & Research Abstract Review [Review of abstract *Continuing the mission: Intelligence to support the next wave of student veterans on campus*]. 2024 Annual Conference of the Society for Social Work and Research.

Cox, A. E. (2023, June). Society for Social Work & Research Abstract Review [Review of abstract *Informing peer support programming for active duty military spouses and committed partners*]. 2024 Annual Conference of the Society for Social Work and Research.

Cox, A. E. (2018, May). Cognella, Inc.; San Diego, CA [Review prospective book sample *The warriors triumph guide to reintegration: How to overcome PTSD*].

Cox, A. E. (2018, August). Cognella, Inc.; San Diego, CA [Review prospective book *Intentional Group Counseling: Best Practices for a Multicultural World*].

PROFESSIONAL EXPERIENCE

06/2021 – Current

MSW Program Director, Assistant Professor

Troy University – Troy, AL

Provide strategic leadership and administrative oversight for the Master of Social Work (MSW) Foundation and Advanced Standing programs with a Direct Practice specialization, ensuring academic excellence, continuous quality improvement, and compliance with accreditation standards. Lead faculty and academic teams in curriculum development, course design,

assessment initiatives, and enhancement of student learning support systems. Direct course scheduling and faculty teaching assignments while supporting instructional effectiveness and program innovation. Oversee admissions, recruitment, retention, and student success initiatives. Monitor program outcomes and key performance indicators to evaluate effectiveness and inform data-driven decision-making. Ensure compliance with the Council on Social Work Education (CSWE) Educational Policy and Accreditation Standards (EPAS), identify programmatic needs, and implement continuous improvement strategies. Coordinate course material and textbook adoption processes, facilitate communication among faculty and stakeholders, and serve as an ex officio member of program and faculty committees to support governance, policy development, and strategic planning. Research interests include military families, children & adolescents, and social work in sports.

07/2022 – 05/2023

Researcher

Troy University/Dothan Housing Authority – Dothan, AL

Serves as the principal liaison between the evaluation team and the Resident Service Department at Dothan Housing for conducting a needs assessment across all Dothan Housing Authority communities. Project requirements include (1) instrument development; (2) carrying out a needs assessment, overseeing all project activities related to data collection; (3) ensuring adherence to timetables; and (4) meeting regularly with the study team and staff to discuss project progress followed by a write-up of all project-related documents/manuscripts and presentation of findings to the agency and study participants.

01/2021 – 04/2022

Part-Time Therapist

Southeast Alabama Youth Services (SAYS) – Dothan, AL

Provided counseling services to local youth who were on probation. Conducted intakes and evaluations. Implemented individual treatment plans and goals that focused on healthy coping mechanisms, anger management skills, academic improvements, behavioral/emotional management techniques, and fostered improved communication skills. Worked with families of clients to coordinate goal attainment and enhanced family environments and support systems. Additional coordination of care was facilitated with school counselors, teachers, and JPOs.

07/2014 – 06/2021

Lecturer/Online Program Coordinator

Troy University – Troy, AL

Exceptional writing and research skills in clinical and academic domains with research interests in Military Families, Children & Adolescents, and Social Work in Sports. Demonstrated exemplar qualities in instruction, office management, problem-solving, conflict resolution, policy and planning. Assisted students in accessing educational resources to promote growth and

retention. Recruited and advised students on optimal course schedules based upon their goals. Instructed for the BSW and MSW program and coordinates online courses and planning for undergraduate Human Services and Social Work degree plans. Created online resources for enhanced student connection and success. Experience participating on CSWE accreditation committees.

01/2018-8/2018

Licensed Social Worker

Group Home for Girls – Troy, AL

Contracted to provide enrichment services for Troy's Group Home for Girls (ages 13-17). Conducted a needs assessment followed by the development of personalized, weekly sessions for summer break. Psychoeducational and support group work was conducted in order to assist teens with setting long-term goals, increasing positive coping mechanisms, improving communication skills, and learning anger management skills. Weekly math sessions were also held to provide remediation and enhancement of math skills following baseline testing performed.

2011-2012

Caseworker

Navy Marine Corps Relief Society – Yuma, AZ

Provided assistance and education for Marines and their families with regard to budgeting needs and financial planning. Coordinated resources for immediate needs. Worked with the Red Cross and Command Units to assist Marines in need of emergency travel. Conducted training sessions with various units on base to provide education and awareness of Navy Marine Corps Relief Society resources.

2009 – 2014 and 1997 – 1998

Teacher (moves due to husband's military service)

Annunciation Catholic School – Havelock, NC

Cibola High School – Yuma, AZ

New Bern High School – New Bern, NC

Carroll High School – Ozark, AL

Created and implemented lesson plans for optimal academic achievement. Generated resources and learning tools to increase the accomplishment of classroom goals and objectives as well as bridge the gap between students with behavioral or cognitive constraints. Conducted and participated in cross-departmental teams to identify resources and aids that would improve student outcomes at home and in the classroom and assisted in developing individual education (IEP) and 504 plans.

2001 – 2007

Account Consultant

Verisign, Inc. – Savannah, GA

Managed top revenue account (MetroPCS). Led client strategic meetings & presentations representing quarterly growth and goals. Collaborated with Programming, Quality Assurance, Customer Service and the client to implement regular software upgrades, fixes and enhancements. Created procedure manuals for multiple software applications. Performed Quality Assurance testing on new programs and fixes. Conducted training workshops for the client on new software products. Played an integral role in the system upgrade from Linux to Oracle. Led cross-departmental team to implement multiple short-term and long-term projects.

2000 - 2001

Resort Manager

Blackbird Caye Resort – Turneffe Atoll, Belize

Managed daily operations and processes for a staff of 20 for a scuba diving resort. Organized schedules for diving and resort activities. Developed diving program for cruise line. Acted as liaison for Oceanic Society for dolphin studies. Facilitated resort safety procedures.

AWARDS

Commendation of Service. (2013). Navy Marine Corps Relief Society

Graduate Student Research Competition, 1st Place – Autism Spectrum Disorder. (2015). Troy University Graduate School, College of Health & Human Services

Commendation of Service. (2023). Toys for Tots, Wiregrass Marine Corps League, Dothan, AL

SERVICE

2026, April – CHS Student Research Symposium Committee

2025, October – Current – College of Health Sciences Health Camp Day Committee (bi-annual)

2025, June – Current - Editorial Board Member. *Journal of Issues in Intercollegiate Athletics*. 3-year term.

2024, February – Student Advisor - Alabama College of Osteopathic Medicine Interdisciplinary Simulation Event – Wallace Community College, Dothan, AL

2023-Current – Graduate Academic Council Representative – Troy University

2023-2024 – Assistant Professor Faculty Search Committee Chair – Troy University

2023-2024 – Assistant Professor Faculty Search Committee Member – Troy University

2022-Current – Alliance of Social Work in Sports (ASWIS) Field Task Group

2022 – Guest Speaker – Ready to Rent Certificate Graduation Ceremony – Dothan Housing

Authority

2021 – Summer 2022 Work Group Committee – Troy University

2020-Current – Toys for Tots – Dothan, AL

2020 – School of Social Work and Human Services Website Committee – Troy University

2019 – Social Work Month Activity Committee – Troy University

2019 – Panel Member for Student Mock Interview – Troy University

2018 –2020 – Troy Shriner’s Club – Volunteer Coordinator – Troy, AL

2017 – 2021 – Attend IMPACT Information sessions – Troy University

2017 – Review Board for MSW Presentation Workshop – Troy University

2016-Current – Recruitment Events – Troy University & other locations

2016 – Living Waters Counseling Center – Volunteer Counselor

2015 - 2017– MSW Review Committee – Dothan Campus

2015 – Troy University Mentorship Program – Dothan Campus

2010 - 2011- Whistle Stop – Officer Spouses’ Thrift Shop, Assistant Manager (volunteer/Cherry Point, NC Marine Corps Air Station – profits supported military dependent scholarships)

CONFERENCES ATTENDED

March 2025 - College Sport Research Institute, Columbia, SC

February 2025 - Alabama Conference of Social Work, Orange Beach, FL

January 2025. Commission on Sport Management Accreditation Conference – Las Vegas, NV

April 2024 - National Association of Social Workers – AL Conference, Tuscaloosa, AL.

February 2024 - Alabama Conference of Social Work, Orange Beach, FL

November 2023 - Social Work-Counseling Professional Education – Dothan, AL

November 2023 - Affordable Housing Symposium – Dothan Housing Authority, Dothan, AL.

October 2023 – ABSWE – ABSWE State of Social Work Symposium. Montgomery, AL

February 2023 – ACSW – Alabama Conference of Social Workers; Orange Beach, AL

October 2022 – ASWIS – Alliance of Social Workers in Sport; Indianapolis, IN

April 2022 – National Conference on DSW Education and Social Work; virtual

February 2022 – ACSW – Alabama Conference of Social Workers; Orange Beach, AL

February 2020 – ACSW – Alabama Conference of Social Workers; Orange Beach, AL

May 2019 – 11th Annual Lecture Series; Phenix City, AL

February 2019 – COSMA – Conference; Atlanta, GA

October 2018 – NASSS – Conference; Vancouver, Canada

September 2018 – IT Summit – Canvas Showcase; Troy, AL

October 2017 – NASWIS – 3rd Annual Symposium; Dallas, TX

April 2017 – NASW –AL Chapter Conference; Tuscaloosa, AL

February 22-24, 2017 – Alabama Conference of Social Work; Orange Beach, AL

June 10, 2016 – Wiregrass Community Health Conference; Dothan, AL

May 13, 2016 – 8th Annual Lecture Series; Dothan, AL
Troy University

September 25, 2015 – Pediatric Mental Health Conference; Dothan, AL
Dothan Behavioral Medicine Clinic

June 19, 2015 – 7th Annual Lecture Series; Dothan, AL
Troy University

May 27-30, 2015 – Children in the Court System: Different Doors, Different Responses,
Different Outcomes; New Orleans, LA - Association of Family and Conciliation Courts – 52nd
Annual Conference